



THE OFFICIAL STUDENT NEWSPAPER OF THE UNIVERSITY OF HOUSTON-CLEAR LAKE

uhcl the signal

VOLUME XLII, NUMBER 7

NEW STUDENT ORIENTATION ISSUE 2014



Welcome freshmen!

the official UHCL first-year survival manual



How to survive your first year

Don't make these easy mistakes! Check out our how-to guide for tips on making a smooth landing in your first year at UHCL.

Pg. 11



What it means to be a hawk

Find out why we're proud to be hawks (and why everyone else wants to be one, too)!

Pg. 6



Letter from the president



Dear UH-Clear Lake Student,

We are delighted that you are the first ever freshman or sophomore at the University of Houston-Clear Lake for fall 2014. For the first time in UH-Clear Lake's 40-year history, the university is now a four-year university. This change for UHCL is the second most significant change for the university since its opening in 1974. We now serve more than 8,000 students, graduate more than 2,000 students per year and have more than 56,000 alumni.

As a student-centered university, we want you to succeed. Whether enrolled in our School of Business, School of Education, School of Human Sciences and Humanities or School of Science and Computer Engineering, you will be treated as a person, not a number. You have your own unique personal interests, goals, dreams and career aspirations. We firmly believe that education is the key to a more promising and rewarding future for you

and your fellow students. Just like UHCL's official mascot, the Hawk, we want you to soar as the result of your education at UHCL.

We support our students by offering nationally accredited academic programs delivered by a high-quality faculty, as well as by having a variety of academic support services including our Student Success Center, Writing Center and Math Center, among others, which are all focused on the success of our students.

A student's education is enhanced by impactful experiences both inside and outside the classroom. UHCL offers more than 70 student organizations and a very active Student Government Association. Other opportunities for students include leadership development and community service experiences through our Student Leadership, Involvement and Community Engagement program as well as research and creative expression through our annual Student Conference for Research and Creative Arts. For the past four years, UHCL has been named to the President's Higher Education Community Service Honor Roll by the Corporation for National and Community Service.

We are very proud that in our surveys of graduating students, 90 percent of respondents consistently indicate they would recommend UHCL to family and friends. One of our proudest moments as a university, and for me personally, will be when you walk across the stage at graduation, and I have the opportunity to shake your hand and congratulate you on being the newest member of the UHCL Alumni Association.

It's a pleasure to welcome you as a new student at UHCL for fall 2014. Best wishes for a productive, enjoyable and successful first year at UHCL.

Best regards,
William A. Staples, Ph.D.
President

A note from the editor



Dear Readers,

Starting college is the beginning of the end of your institutional education, for me that was a lot of pressure. When I first wandered into the college world, I felt out of place to say the least. UHCL did not have freshman or sophomore classes so I attended a community college to get those basic courses "out of the way." I felt like Jane Doe in a crowd of people. Everything changed when I first stepped foot on the University of Houston-Clear Lake campus to study communication. I felt as if I had arrived at my intended destination after a long, confusing detour of changed majors and wasted time.

My UHCL experience has exceeded all of my college expectations. The intimate learning environment and helpful professors make the experience meaningful. The sense of community and campus pride shine through staff, faculty and student actions every day, reassuring my decision to attend UHCL.

The fall 2014 freshman class

is making history as the first ever freshmen to attend UHCL. Even though we are jealous we didn't get to start our education at UHCL, The Signal staff wants to welcome the freshman class and help guide you through your college experience.

We hope you will take the trials and triumphs we share with you in this issue and use them as tools to lead you toward the right path, help you find a detour when you've taken the wrong route and guide you when you run into a fork in the road.

After four years, I'm looking forward to my next big challenge post graduation, but not before handing down advice gathered throughout the whole university process. The staff and I have worked diligently to provide an edition that will not only give readers the knowledge they need to start college, but help them transition smoothly and really become a part of UHCL.

As we all sat around our staff table laughing (and sometimes shaking our heads in embarrassment at some of our own bloopers) we've laid it all out for you: the good, the bad and the ugly. We hope you enjoy reading this issue as much as we enjoyed writing it and sharing our stories with you. Go Hawks!

Loren Ferguson
Editor, 2014 Edition
New Student Orientation Issue

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in this issue online

| | |
|--|----|
| Welcome first freshman class | 2 |
| UHCL: Why the Choice is Clear | 3 |
| A brief history of UHCL | 4 |
| Legendary alumni continue to soar | 4 |
| Don't cheat yourself | 5 |
| FYI: Four things you can't get away with at UHCL | 5 |
| What it means to be a hawk | 6 |
| Building a learning community | 6 |
| Fun facts about UHCL | 6 |
| Don't miss these fun events and traditions | 7 |
| Recreational sports and fitness on campus | 8 |
| Get the most out of your college experience | 9 |
| How to choose your major | 12 |
| Tips for students from students | 13 |
| Study personality quiz | 14 |
| Susie queue profile | 15 |
| Going to college in the digital age | 15 |
| Disability services | 17 |
| Attack of the group project | 18 |
| A veteran's story | 19 |
| From foreign to familiar | 20 |
| International student profiles | 20 |
| A safe place to land | 21 |
| Where hawks reside | 21 |
| Map of Bayou and Student Services buildings | 28 |
| Best places to | 28 |

| |
|---|
| blogs |
| How the Student Success Center changed my life Colden Snow |
| Transitioning Andrea Thomas |
| The balancing act of going back to school Shawn Domingues |
| videos |
| I Heart UHCL Day Victor Araiza, Daniel Durbin |
| What it means to be a hawk Manuel Nanez |
| Armand Bayou Sherea Cory |

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SPECIAL NEW STUDENT ORIENTATION ISSUE

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|---|---|
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Welcome first freshman class

MATT WALKER
THE SIGNAL

Fall 2014 marks the beginning of the University of Houston-Clear Lake as a four-year institution. Freshmen and sophomores enrolling at this historically significant point in time are the very first in UHCL'S long and distinguished history.

UHCL's four-year initiative is not the first of its kind. Other Texas universities, such as Texas A&M Corpus Christi and the UT satellite campuses in Dallas, San Antonio, Permian Basin, Tyler

and Laredo, all started out as learning institutes for upper-level undergraduate classmen (juniors and seniors) and graduate schools before expanding downward – the term used for the incorporation of freshmen and sophomore under-graduate classes.

“[UHCL's four-year initiative] was made possible by the partnerships that UHCL developed with other organizations, such as chambers of commerce, economic development organizations, alumni, business owners and government agencies that spoke up on

the university's behalf – all spoke up to add freshman and sophomore classes,” said President William Staples in his 2013 report to the Clear Lake community.

“We were one of the remaining holdouts, but we thought for the betterment of our community, and to have a community-wide effort to raise our educational levels, it would be important for us to have that option for students in the Bay Area and beyond.”

Orientation and New Student Programs Director Angie Montelongo calls it “a historic moment.”

“There are a lot of opportunities for this first class,” Montelongo said. “New programs, such as ‘Hawk Launch,’ an extended orientation program, will be instituted to meet their needs as well as increasing outreach with parent and family members.”

To paraphrase Booker T. Washington, nothing worth doing is without challenge. President Staples can tell you all about the challenges involved, the hard work and endless meetings with community leaders and councils, which finally culminated with

Governor Rick Perry signing State Senate Bill 324 into law in the summer of 2011, making UHCL a four-year institution.

“Yes, it was a challenging time,” Staples said. “Our state appropriations in 2011 were cut by twenty percent, so trying to do this was challenging. I think some people had thought we'd lost our minds trying to do it at that particular time, but I honestly believe that, for the long term of University of Houston Clear Lake, this is the right thing to do.”

UHCL: Why the choice is clear



COLDEN SNOW
THE SIGNAL

Located in the heart of the Clear Lake community in the greater Houston area, the University of Houston-Clear Lake sits on more than 500 acres of sweeping forest landscapes.

The university draws students for many reasons. Whether you are new to college, a returning student, or transferring from another institution, there are dozens of possible reasons you made the choice to attend UHCL.

91 percent of graduates from UHCL said they would recommend UHCL to friends or family. Here are the top five reasons others have chosen UHCL as their top choice for higher education.

Academic Excellence:

UHCL students are taught by faculty with vast backgrounds and experience in their various fields. What students learn at UHCL won't just end when they graduate, especially when it comes to critical thinking.

“At UH-Clear Lake, because we have excellent faculty and because we have a rigorous academic program and expectation, you're going to come out with more than a degree, you're going to come out a critical thinker, which is going to prepare you either for that job or continued education,” said David Rachita, interim dean of students

Campus Safety:

UHCL prides itself on being a safe campus. It is ranked in the top 20 safest campuses by StateUniversity.com. The UHCL Police Department is an internationally accredited law enforcement agency, only 1.3 percent of all campus police departments in the United States have earned accreditation.

In an open forum at a weekly Student Government Association meeting, UHCL Chief of Police Paul Willingham discussed that although crime has risen in the surrounding area, crime has not risen on the UHCL campus. The police department is equipped with both police officers in patrol cars and student employees who serve in a special unit called the Hawk Patrol. Any of the members of the Hawk Patrol, as well as other officers, will accompany students to their car if they have a night class or are on campus late. For any emergency or in the event you need assistance, you can reach the campus police at 281-283-2222 from any phone or dial extension 2222 from any campus phone.

Affordability:

On a list of Texas' 38 public universities, number one being the highest tuition rates paid by students, UHCL ranked 30th for amount paid in tuition by students. Meaning that students at UHCL are paying lower amounts in tuition than they would at almost all other Texas public universities.

Proximity:

Located in the greater Houston metro area, UHCL is conveniently located between the Houston metropolitan area and Galveston. Students have access to all the city has to offer as well as local nature preserves and the beaches of Galveston. Many apartment complexes are within walking distance to campus.

“It was very important for me to find an institution close by with gas being so expensive these days,” said Jamil Aslam, healthcare administration major. “I wanted to make the smartest financial decision.”

Nature:

UHCL is adjacent to the Armand Bayou nature preserve. With a lush forest landscape, man-made wetland, ponds full of fish, turtles and even the occasional alligator, UHCL students can experience the wonders of nature daily. Deer are a major staple on campus and sightings of hawks soaring above the Bayou Building are common.

“Something that always makes me smile is seeing a lone hawk on the power lines close to the nature trail,” said Carla Bradley, graduate digital media studies major and president of The Student Government Association. “I pretend that it is greeting us on our way to class.”

A brief history of UHCL: Paving the way for a brighter future

MANUEL NANEZ THE SIGNAL

The University of Houston-Clear Lake, as we know it, officially began in the fall of 1974. However, the school's origins date back a bit earlier. The university's original name was The University of Houston at Clear Lake City (UH/CLC).

In the mid 1970s the city of Clear Lake City ceased to exist and UH/CLC shortened its name to University of Houston-Clear Lake. The area that used to be Clear Lake City was annexed by the cities of Houston and Pasadena.



THE SIGNAL ARCHIVES

UHCL charter members. Back Row: Nanette Bruckner, Jib Fowles, Grover Starling, Tom McFaul. Middle Row: Jaye Miller, Rosemary Pledger, Jim Coomer, Chris DeDe, Kim Hill, Calvin Cannon, Jim Bowman, Lester Sartorius, Bob Toplin and Norm Weed.

UH/CLC sprang from the needs of industries in the area and the Manned Spacecraft Center, now NASA Johnson Space Center.

Robert Gilruth, director of NASA's Manned Spacecraft Center, recognized a need for higher education classes in the Clear Lake area to support the requirements of the center. Members of the community also expressed a desire for a facility of higher education closer to home than the commute to the University of Houston-Main Campus.

In response to these requests, Philip Hoffman, University of Houston president, opened the Graduate Center at NASA in 1964. That fall, with more than 500 students enrolled, it was clear that they had tapped into something with great potential.

In subsequent years, Hoffman led local business and community leaders in fundraising activities and launched legislative efforts to have UH/CLC officially recognized as an independent university, which happened in 1971.

Next, Hoffman began searching for quality individuals to bring on board as professors and administrators.

In 1972 Hoffman appointed Alfred Neumann as UH/CLC's first chancellor. Neumann sought to differ UH/CLC's educational structure from the main campus, with an emphasis on providing a more personal touch to the feel of the school. Jonathan Zophy, UHCL professor of history, notes in his book "Building a University: A History of the University of Houston Clear Lake 1974 to Present," that school leaders wanted to "arrange space so that administration, faculty, staff and students have maximum contact with each other."

"The personal feel of UHCL came first and foremost from our many small classes," said David Malin, a professor of psychology and neuroscience, and charter faculty member. "For many of the returning students, this was the first time they were able to really know their professors. For the early faculty, the family feeling came in

part from the many social events organized by the UHCL Women's Association. Faculty from all four schools got to know one another at these parties and receptions."

The charter faculty all assumed the risk that accompanied joining an organization at the ground floor, not knowing what the ultimate outcome would be.

"We loved the challenge of offering a rigorous liberal arts education to all comers, not just to the 'elite,'" said John Gorman, professor of literature and one of the remaining charter faculty members at UHCL. "I'd had no idea what sort of suburbia was growing up around NASA. There were people of all ages, all backgrounds, many with wide ranges of experience and an admirable intellectual sophistication."

Most of the university's newly hired charter faculty was young.

"I recall that during the first semester someone calculated that the average age of the students was slightly higher than the average age of the faculty," Malin said.

Throughout the years as the university has flourished, so too has its family of alumni.

"One of the amazing and affirming revelations that come from the stories of our alumni is that getting an education at UHCL offers a world of opportunities," said Dion McInnis, associate vice president of University Advancement. "From the 56,000-plus alumni, we hear many stories from poets and doctors, artists and lawyers, entrepreneurs and inventors, and so much more. Because of the university's focus on connections to the community, the UHCL experience is practical and practicable, enabling students to utilize their educational experiences immediately."

UHCL continues to grow and thrive. In the fall of 2014, UHCL becomes a four-year institution offering freshman and sophomore-level courses for the first time.

"This will be the second-biggest change at UHCL since its opening in 1974," said William Staples, president of UHCL. "I look forward to offering area high school students, and others wanting to further their education, an opportunity to achieve their goals and become future leaders in their respective fields. In the final analysis in the 21st century, educated communities will win and less educated communities will lose in the competition for jobs, increased population and community vitality."

"By adding this additional pathway for prospective students, we strengthen and support the Clear Lake area and beyond. Adding freshman and sophomore students is the right thing to do for UHCL. Fall 2014 will be exciting, not only for the future freshmen and sophomores, but also for the UHCL family as we welcome these students and help them fulfill their dreams."

Legendary alumni continue to soar

MAX NEWLIN THE SIGNAL

If you want to be impressed and inspired each time you walk through the door at University of Houston-Clear Lake, you need only take a walk around the first floor of the Bayou Building.

There you will see the names and faces of distinguished individuals who graduated from UHCL. The wall of Distinguished Alumni consists of an array of legendary alumni from different backgrounds and professions – from the medical field all the way to the farthest reaches of the Earth's atmosphere.

Story Musgrave, who received a masters degree in literature from UHCL in 1987, is a retired NASA astronaut who was on the shuttle mission that repaired the mirror on the Hubble Telescope, which allowed for detailed pictures to be taken from the edges of the universe.

Janet Pepperday, 1985 M.A. in education alumna, is an award-winning educator and supporter of programs that aid children

with special needs.

Raymond Khoury, 1980 M.A. in science alumnus, started a program to provide medical care to children in third world countries and helped form UHCL's Healthcare Administration program.

Started in 1981 by founding president Michael Reeves, the UHCL Alumni Association is now more than 50,000 members strong and prepares to become even stronger with UHCL's transformation to a four-year university.

When entering UHCL, new students should almost immediately get a sense of the faculty and staff's overall determination to help students reach their full potential.

At other schools, where a class may have upward of three hundred students, a student is often asked to look at the person on each side of him/her and told that one of those people will not graduate. That is not the philosophy at UHCL.

Associate Vice President of University Advancement Dion McInnis, whose office sits in the

middle of all the plaques that honor the Legendary Alumni, explained the goal for the future of the school is helping a student succeed one step at a time.

"The level of education you get at UHCL is only determined by your desire to learn," McInnis said. "As UHCL becomes a four-year college, it will continue its roots as a school for anyone, regardless of age or background, looking to further their education. Because of the mix of students at our university, you are not just experiencing a diversity based on age or ethnicity, but a true diversity in the classroom because you encounter people that are just beginning school, are at different stages in a career or are looking for a completely new career."

UHCL President William Staples says the university strives to provide a learning environment that will produce valuable individuals to the community.

"Students need to have the determination and perseverance to attain a college degree," Staples said. "Learning occurs both

inside and outside the classroom and students have the opportunity to learn lifelong skills including leadership, communication and critical thinking in addition to the subject matter of their chosen major field of study. As graduates of UHCL, we want our alumni to be role models in their professions and communities and to maintain their connection to UHCL."



Janet Pepperday



Raymond Khoury



Story Musgrave

University Advancement

The Office of University Advancement provides guidance to the university in the areas of development, alumni and community relations

Bayou Building, Suite 1604
281.283.2021
UniversityAdvancement@uhcl.edu
www.uhcl.edu/advancement

Do not cheat yourself

MATT WALKER
THE SIGNAL

The effects of plagiarism on students are not that much different from any other bad habit because it can lead to one’s ultimate downfall. Viewed this way, it just does not pay off in the long run

Plagiarism is viewed by some as a comparative type of sin – such as pick pocketing someone’s wallet versus armed robbery. By this type of comparison, it may not seem so bad; yet it is stealing nonetheless.

The word plagiarism has evolved from the Latin word *plagiarius*, meaning “kidnap- per,” to today’s usage in refer- ring to theft of intellectual work.

“A lot of people do it,” said Gabrielle Gonzales, sociol- ogy major. “[Students cheat] because they’re not prepared. If they took the time to prepare,

they would not have a problem.” Abhi Thakral, engineering management major, agreed and said that committing plagiarism was not fair to other students.

“I think it’s important not to plagiarize because people copy stuff for an easy grade,” Thakral said. “I think barriers to that sort of practice are important.”

Barriers against plagiarism at UHCL include getting a grade of zero for the assignment or the course if the student is found guilty of using research without citation or using a created work without crediting the source.

“Students need to hold each other accountable,” said David Rachita, interim dean of students. “Students need to hear from their peers that cheating is not OK; that it won’t be toler- ated within the peer group and that they will hold each other to task for dishonesty.”

The effects of plagiarism on students can be habit-forming and can create an alternate personality that only surfaces during crunch time, such as when a term paper is due. If the student resorts to plagiarism and initially gets away with it, then the student’s self-perception can ultimately corrupt a personal outlook on life well past college graduation.

“Academic honesty is about respect,” Rachita said. “Dis- honesty shows a lack of respect and appreciation for others and for yourself. We all want to be respected. Honor, character, and excellence [see UHCL Academic Honesty Code] all lead to respect. But you cannot be respected if you don’t have any one of these characteristics. And you cannot be seen to have honor or character or excellence if you cannot be trusted.”

FYI: Four things you *can’t* get away with at UHCL

BAISHA KREUZER
THE SIGNAL

Not Buying Parking Tags

Do not put off purchasing your parking permit. You have two weeks after the first day of class to stop by the police department in the Bayou Building and purchase your permit. Once the two weeks are up, there is a stiff fine each and every day you are parked in a UHCL lot without a tag. Also, be mind- ful not to park in the faculty parking spot.

Committing Plagiarism

Don’t do it. You have been taught this your whole life. If you try plagiarism at the university level, you can experience one or all of the following options: failure of the class, appearance before the Academic Honesty Board and expulsion from the university.

Skiping Class or Not Doing Your Homework

You have decided as an adult to further your education, and the choice to learn resides solely with you and not the teacher. Therefore, you should show up to class, especially the first day. Your professor outlines the entire semester in the first class so don’t miss it!

Not Becoming Your Own Self-advocate

Be on top of your business with the school, not your par- ents. Make sure you know all information regarding financial aide, transcript transfers, parking permits, etc. Start early to learn how to navigate your way through the system.

Honor

Character

Excellence

YOU CAN ALWAYS WORK HARD TO INCREASE YOUR GPA, BUT YOU’LL NEVER BE ABLE TO WORK HARD ENOUGH TO REGAIN THE TRUST OR RESPECT OF OTHERS.

↑

Academic Honesty

Success, honor, respect

Honor Code Violation


Disgrace, failure, humiliation

→

THE HAWK WAY...

WITH HONOR, CHARACTER, AND EXCELLENCE

GO TO WWW.UHCL.EDU/DEANOFSTUDENTS FOR MORE INFORMATION ON UHCL’S HONOR CODE OR SCAN THE QR CODE TO VIEW THE ACADEMIC HONESTY POLICY.



The symbolism of being a hawk

SHAWN DOMINGUES
THE SIGNAL

Soaring high above the beautiful landscape below, red-tailed hawks are frequently spotted throughout the UHCL campus. With their keen powers of observation and their intense focus on the task at hand, the hawk symbolizes a student body that is focused, has a clear vision of its direction ahead and is ready to soar.

Animal totems are often used to signify an emblem for a group of people. The hawk totem is said to represent vision and inspire a creative life purpose. The choice of this magnificent animal as the emblem for UHCL was a clear one.

In fall 2010, UHCL's Mascot Leadership Team began a five-phase mascot search process that involved getting input from faculty, staff, students and alumni through a series of surveys conducted throughout the year. The survey results can be found on the UHCL mascot's website www.uhcl.edu/mascot, where the rationale for choosing the hawk was given anonymously, a few of which are listed below:

"Hawks are keen, swift and a bird of opportunity;" "The hawk is a visionary, much like the best of UHCL;" and "Hawks are watchful, with sharp senses. They are hunters and flyers with a decisive self-possession that any person would do well to emulate."

So what does it mean to be a Hawk at UHCL?

"A hawk, as an animal, is adventuresome, dynamic and spirited, and that's really what we want the UHCL students to be," said President William Staples. "As a UHCL Hawk, we want them to soar as a result of their education here."

"I think to be a UHCL Hawk means that you can soar to new heights and achieve your

dreams and goals beyond what you can imagine," said Darlene Biggers, associate vice president of student services. "We, the faculty and staff, will be the wind beneath your wings."

"Being a Hawk means you are a college student," said David Rachita, interim dean of students. "One that is dedicated to scholastic achievement, being academically challenged, learning to be a critical thinker and being a serious student. It means working hard. And it means doing it 'The Hawk Way: Honor, Character and Excellence.'"

Like the red-tailed hawks that can be seen soaring high above the campus, the students of UHCL are able to ascend to new heights with a clear vision and purpose, ready to take the lead when the time is right – soaring on to the future ahead.

"As a UHCL Hawk, we want them to soar as a result of their education here."

— WILLIAM STAPLES
PRESIDENT OF UHCL



GO ONLINE

Scan the QR code to watch a video on "What It Means To Be A Hawk" by Manuel Nanez



Building a Learning Community

BAISHA KREUZER
THE SIGNAL

The transition to a university can be a little overwhelming. Back in high school, seeing familiar faces in class was the norm; but in college, you can start every semester without recognizing a single person in any of your classes.

As part of the UHCL core curriculum, freshmen are required to take a first-year experience course to assist in the development of college-level skills and competencies. Not only does this class help you directly apply the skills you learn to your studies, but it also helps connect you with your peer classmates.

"[The course is] a one-hour credit class that will meet for two hours per week," said Yvette Bendeck, associate vice president of enrollment management.

The first-year experience course is linked with a core curriculum course that all freshmen are required to take.

"We are using Political Science and History for these courses," said Rick Short, dean of Human Sciences and Humanities. "For example, incoming freshmen will enroll in a required introductory Political Science course. The first-year experience course will be attached to that course, so that these students will automatically sign up for a section of that course as well. They will complete both courses in the same semester."

The purpose of UHCL's first-year experience course is to teach students how to apply basic college survival and study skills learned in the course to a core curriculum class, creating a direct transfer of these skills to an

actual college course. By drawing a direct connection to a content course, such as Political Science and History, instructors can coordinate assignments and expectations so that students can actually apply what they learn in first-year experience class.

"Once [the freshmen] master the skills, they will be able to apply them to all of their college courses...also students in the first-year experience course will have additional support in that class to help them through any hard spots in the content course," Short said.

Short also points out that similar courses at other universities traditionally focus on basic survival skills for completing college, such as study skills or using the library or time management.

"The problem with the traditional approach is that often there's not much direct transfer of these skills to actual college courses," Short said. "It has been typical that students might learn something like study skills that never get applied to their courses."

Short believes UHCL's new and direct approach to the first-year experience will teach students how to properly develop the skills they need to be successful.

"The transition from high school to college sometimes is challenging; expectations for the two levels are very different," Short said. "The first-year experience provides important support in making the transition, support that is immediately available and applicable in a real content class. Skills developed in the class are all about being successful in school all the way to graduation."

Dean of Students

The Dean of Students is here to inform you of your rights and responsibilities, help you resolve problems and connect you with various campus resources.

SSCB 1201
281.283.2567
DeanofStudents@uhcl.edu
www.uhcl.edu/deanofstudents

Student Assistance Center

The Student Assistance Center can help you with registration, academic records, payment and financial aid issues.

SSCB 1.102
281.283.2SAC (2722)
UHCLSAC@uhcl.edu
www.uhcl.edu/deanofstudents

UHCL - Pearland

Opened in 2010, the Pearland campus acts as an extension to UHCL and offers a variety of courses and degree plans, bringing education closer to Pearland.

Office of Enrollment Services
281.212.1690
plenrollment@uhcl.edu

1200 Pearland Parkway
Pearland, TX 77581
281.212.1700
Pearland@uhcl.edu
www.uhcl.edu/pearland

PSYC 1100 Learning Framework

The first-year experience course required for all freshmen: Learn how to navigate the university system successfully and discover a sense of belonging

★ ★ ★ ★ ★ Fun Facts About UHCL ★ ★ ★ ★ ★

SHAWN DOMINGUES
THE SIGNAL

- ★ UHCL began as a Graduate Center at NASA in 1964.
- ★ Circling the earth 145 times, the UHCL flag was flown aboard the space shuttle "Columbia" in 1983 – the flag is now housed in the UHCL archives located on the third floor of the Alfred R. Neumann Library.
- ★ Archives from the Johnson Space Center are housed in the Neumann Library.
- ★ The library was named after UHCL's very first chancellor, Alfred R. Neumann.
- ★ The UHCL campus is located on a wildlife and nature preserve with a wetlands area on campus adjacent to Horsepen Bayou.
- ★ The first building built on campus was the Arbor Building, which now houses the art department and education classes. The original name of the Arbor Building was the Vanguard Building.

- ★ The Bayou Building was designed to resemble the Houston Galleria Shopping Center – it has been said that this design was intentional so the building could be easily converted into a shopping mall if the university failed.
- ★ Although UHCL is part of the University of Houston System, it is not a branch campus; it is a separate and distinct institution with its own administration, degree plans, academic programs and accreditation. Because of this distinction, UHCL has strived to define its own identity.
- ★ The official school colors are blue and green – a representation of the natural elements that surround the campus.
- ★ The current logo was created in 1994 to symbolize the dual nature of UHCL (professional yet personal) with a wavy line going through it to represent the bayou that winds through campus.

- ★ The official mascot was chosen through a series of extensive surveys and input from faculty, staff, alumni and the student body with the "Hawks" beating out the "Egrets" as the final choice.
- ★ Earlier potential mascot names included the Red-shouldered Hawks in the 1980s and the Hurricanes or Voyagers in 1990s.
- ★ UHCL is a four-time recipient of the President's Higher Education Community Service Honor Roll, the highest federal recognition a college or university can receive for its commitment to voluntary service and civic engagement.
- ★ The original name of the student newspaper at UHCL was the UHCLIDIAN. The name, chosen from entries submitted by UHCL students, is a word play combining the acronym UHCL and Euclid, a famous Greek mathematician.

Don't miss these fun UHCL events and traditions

LOREN FERGUSON
THE SIGNAL

Here at UHCL, we emphasize traditions around campus because we realize how important they are in building a community and sculpting the people we become. UHCL has a variety of fun, time-honored traditions that represent who we are as a university. These traditions show our school pride, our efforts in building meaningful relationships and how we cherish our campus community. Mark your calendars; there are several traditional events that go on throughout the year that you do not want to miss.

Welcome Back Bash



Start your college experience off right with the Welcome Back Bash. Students come together at the beginning of each fall semester to celebrate being back at school with fun activities, a photo booth, live band and giveaways. This is a great time to check out student organization booths and volunteer opportunities. Enrich your college experience by getting involved early.

Chili Cook-Off



The Office of Student Life's annual Chili Cook-off is one of UHCL's campus community favorites. Each spring, in late March or early April, students, faculty, staff and community members enjoy chili, games and lots of family fun. Get involved: participate in the friendly competition by creating a cook-off team or purchasing a tasting kit to sample chili and help determine awards!

I Heart UHCL Day



This October tradition provides a way for students, faculty and staff to come together and show their school spirit. Office and door decorations compete for prizes. Students dress up in school colors to show their pride for UHCL. Join the Office of Student Life for fun activities, refreshments, and contests ... as well as prizes.

Celebrate these traditions with your campus community. It is important to start your college career with great experiences. These UHCL traditions will help you build a sense of community and bond with other students. You can find these traditional events and many others on the UHCL website's calendar: http://prtl.uhcl.edu/portal/page/portal/HOMEPAGE/HP_TAB_STUDENTS/News_Events.

"UHCL is entering a new chapter in its history," said Carla Bradley, former Student Government Association president. "The traditions we currently have on campus must continue to be publicized and nurtured. Current students are necessary to help launch some of the new traditions as well as preserve the old ones. Without them and their involvement, it's not really going to be effective or long-standing."

Cultural Extravaganza



Immerse yourself in various cultures and learn about different heritages by participating or attending Intercultural Student Services' Cultural Extravaganza. The Cultural Extravaganza is an annual event held in late March where students, faculty, staff and the community have the opportunity to showcase their culture through music, dance, poetry and many other talents.

Global Expo



You don't need your passport to experience the exotic cultures represented at UHCL. The Global Expo will expose you to the world every fall in October or November through a series of exhibits presenting a unique view of various countries, cultures, traditions and customs from around the globe. You can enjoy the native clothing, artifacts, games, music, food and much more without the jet lag.

Student Leadership Conference



UHCL is committed to helping students develop and foster their leadership potential. The Student Leadership Conference has been around for 18 years and counting. Students attend every year to be inspired by a keynote speaker and participate in sessions to help them gain and improve effective leadership skills. Commit to providing great leadership and create a more successful future by experiencing this conference.

Art Gallery



The Art Gallery is located on the first floor of the Bayou Building and admission is always free. Exhibitions range from works by students at UHCL to internationally recognized artists. The Art Gallery offers many educational events throughout the year, including public lectures, artist demonstrations and hands-on art-making activities. For more information on the Art Gallery, visit www.uhcl.edu/artgallery.

Rhet Fest



Rhet Fest is The Writing Center's annual celebration of the 'National Day of Writing.' The Writing Center is one of the many essential resources available to students. Every October you can enjoy a game of scrabble or Magnetic Poetry Slam with Shakespeare and other recognizable figures from great works of literature. Students and staff dress as their favorite literary character and enjoy a feast, literary activities and games.

Film & Speaker Series



Throughout the year, the Student Life Office presents a series of films accompanied by influential speakers. The distinguished speakers, representing a wide range of professionals from authors to professors, will help film goers look deeper in to the film. Bring your UHCL ID and get the amazing experience for free. For more information on the Film and Speaker series, visit www.uhcl.edu/movies.

Student Organization Expo



The Student Organization Expo showcases more than 80 active student organizations and honor societies readily available to create beneficial relationships with other students. Make your resume stand out by being active in organizations. Student Org Expo is held in the second week of each spring and fall semester to give students the opportunity get informed and enhance their college experience.

Recreational sports and fitness on campus

YANIRA ROUBI
THE SIGNAL

During the ancient Olympics, Greeks set aside time to compete in physical activities as a critical aspect of living a balanced life. The ancient Greeks understood that achieving both physical and mental health is key for success. As a student at UHCL, your academic, physical and mental health is important. In addition to a strong academic curriculum, UHCL offers recreational sports and a fitness room to meet the student's needs to lead a balanced life.

Fitness Zone

The Fitness Zone is located on the second floor of the Student Services Classroom Building, room 2.103. Fitness Zone Student Manager Marco Gonzalez points out exercising is a great way to get in shape and relieve stress.

"Fitness Zone helps release stress, refresh minds and reenergize your body," said Gonzalez, who is also an exercise and health sciences graduate student. "Here at the Fitness Zone it is not about how much you can lift or do, it is about what you can do for your body. It is important to know your goals and know your body".

Working out for as little as 30 minutes helps your body tone muscles, lose weight and alleviate stress. So before class, between classes or before you leave campus, pass by the Fitness Zone. The Fitness Zone has lockers and showers and, best of all, the program is free to students as the cost to belong is included in the student service fee you paid with your tuition.

The Fitness Zone is not your ordinary membership gym with sales pitches. UHCL's Fitness Zone offers a friendly, non-intimidating environment.

The staff is friendly, motivated, helpful and understand the stress of school. They work with students to explain the equipment and offer guidance to meet individual goals. The Fitness Zone is equipped with a variety of machines including cardio, weightlifting and different types of cross-fitness training equipment. The environment also promotes comradery between students.

Recreational Sports

UHCL does not have a sports team, but the campus does offer a wide range of recreational sports through the Office of Student Life located in Student Services Classroom Building, room 1.204.

By joining a recreational sport offered here on campus such as: table tennis, 3 on 3 basketball tournaments, Kick Ball Day, soccer tournaments, flag football, broom ball, kayak, bowling, badminton, cricket and much more, students have an opportunity to meet and interact with students from other majors and cultures.

The skills learned in recreational sports, such as good sportsmanship and teamwork, are not only essential for sports, they also transmit to school projects because teamwork teaches students that everybody needs to contribute something and put in an effort to get what he/she wants.

"Healthy students tend to succeed more in school; it fosters teamwork, networking, friendship, and a sense of competition that helps students develop goals, achievements and success that might not be gained in the classroom," said Andrew Reitberger, acting director of student life.

Whether you join a recreational sport, total fitness or both, physical activity serves as a way to enhance a balance life. It boosts the learning process, enhances mental and physical agility, promotes cooperativeness and instills a sense of healthy competitiveness.



COURTESY: UHCL STUDENT LIFE

James Wallace, left, and Trieu Nguyen, right, participate in a game of flag football.



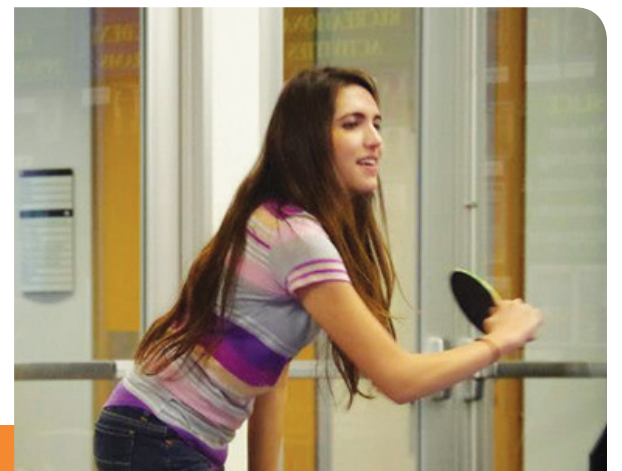
COURTESY: UHCL STUDENT LIFE

Students and staff kayak along Armand Bayou.



COURTESY: UHCL STUDENT LIFE

Prashanth Manne, swings the bat for the Hawks, UHCL's Cricket team.



COURTESY: UHCL STUDENT LIFE

Danielle Urias competes in the Singles Table Tennis Tournament.



COURTESY: UHCL STUDENT LIFE

David Oliva and Luis Verduzco play a game of 3-on-3 Basketball.



COURTESY: UHCL STUDENT LIFE

Andrew Whittington attempts to score in a game of soccer.

Fitness Zone

The Fitness Zone is open to all UHCL Students. The Fitness Zone has aerobic and weight training machines to get you into shape.

Monday - Thursday: 7 a.m. - 9 p.m.
Friday: 7 a.m. - 4 p.m.
Saturday: 8 a.m. - 1:00 p.m.
Sunday: Closed

SSCB 2.103
281.283.2410
fitnesszone@uhcl.edu
www.uhcl.edu/fitnesszone

Get the most out of your college experience

Get connected

SHEREA CARY
THE SIGNAL

Attending college without getting involved and connected through student activities is like having a cell phone with two bars of signal strength, a call can be made, but the quality is not good. Getting connected at UHCL helps students get the most out of their college experience. Involvement in student activities provides everything students need to prepare for a career, build a network of friends and have fun too.

Networking and socializing with others is essential to the process of getting connected. Leadership and team building skills learned and exhibited in college will catch the eye of potential employers giving students an edge over competitors. Getting connected enables students to network with other students and create a support group that can last a lifetime.

The Office of Student Life is like a power strip with multiple outlets for students to use to get connected. In addition to cultural arts events, Student Life coordinates more than 80 student organizations on campus. The Student Organization Expo is held annually at the beginning of each long semester where students get the opportunity to learn about various student organizations and meet students already connected.

The Student Government Association represents the interest of students at large and has four purposes: advocate on behalf of the student body; provide input to the UHCL administration; elect students to UHCL committees; and allocate funds to student organizations. The Student Government Association is made up of an elected Executive Counsel and representatives of all recognized student organizations. Students gain leadership, project management skills and team building skills through SGA participation. Student Government Association meetings are held every Tuesday from 11:30 a.m. to 12:30 p.m. in the SSCB Lecture Hall. All students are welcome to attend.

Student Life is also the home of SLICE, (Student Leadership Involvement & Community Engagement), a program designed to develop and improve student leadership skills. SLICE provides a place for students to connect with the community through volunteer projects. Speakers and leadership conferences for students are also part of the SLICE program and are free of charge to UHCL students.

“Getting involved is an investment in yourself,” said Jennifer Clark, assistant director of student life. Clark suggests students get involved early to gain valuable leadership skills and build relationships, but points out it is never too late to get connected.

Learn to lead
CARLA’S STORY

SHEREA CARY
THE SIGNAL

Carla Bradley, digital media studies graduate student and Student Government Association president, is an example of what can happen when a student gets involved. Carla describes herself as someone who was cautious about getting connected in campus life. She started by first signing up to receive emails from the Communication and Digital Media Association (CDMA), a student organization housed on campus, at the request of a faculty member.

After attending CDMA meetings and participating in some organization events, Carla decided she would make time to serve as an officer in the association. Serving as an officer in a student organization gave Carla confidence to ask for and receive more responsibilities, including serving as editor of two school student publications, Bayosphere and The Signal Relay.



As a graduate student, Carla realized that she had managed responsibilities as a leader well and became the Student Government Association (SGA) representative for CDMA. Attending SGA meetings and becoming recognized as a dependable, competent volunteer for campus events lead others to recruit Carla to serve in other positions – eventually resulting in Carla running for president of the Student Government Association.

Carla offers the following tips to students considering getting connected:

1. Don’t over extend yourself, select a couple of activities and do a good job;
2. Learn and practice leadership skills through student activities;
3. If mistakes are made while learning to lead, this is the place to make them.

“It might sound cliché but being involved on campus has opened many doors for me here at UHCL,” Carla said. “I originally saw these opportunities as great ways to network with students outside of my concentrations (Communication and Digital Media Studies). My volunteer work allowed me to meet faculty, staff and administrators like Dr. Biggers, Dr. Stockton and, especially, Dr. Staples. I have become more open minded, more accepting of other cultures different than my own, as well as I have the confidence to ask questions and represent a large group of people.”

Connecting academically and socially to student activities is like plugging a cell phone into an electrical outlet. As the battery gets more power, the user gets better reception.

Work smart & study smart

SHEREA CARY
THE SIGNAL

Graduating college and good grades are no longer enough in the global marketplace. In addition to completing the academic requirements, employers like to know that you can do more than keep your head in the books. Prospective employers want real life examples of your ability to do more than go to school. Right about now you may be saying to yourself, “I have no more room on my “TO DO” list, I am already out of time with a job and school work.” Working smart is the answer.

Working smart is using school work, involvement in student activities, community service and campus resources to make the most of your time at UHCL while preparing for life after college. Using your school assignments to work smart is easy. For example, taking a web design or photography course? Select subject matter that can be used in your field as an example of your work. Once your assignments are graded, make corrections and now you have samples of your work for any potential employer to review when applying for a job, or when networking with friends.

Do you want to be a leader on your job or in the community during or after college? Start with student government, student organizations, or community service. Getting involved and serving in student organizations provides an excellent opportunity to develop leadership and team building skills. Involvement in student activities, campus organizations or community service creates friendships and builds networks – another way to work smart.

An internship is a great way to work smart. An internship connects you with people in the field you plan to enter and gives you a chance to demonstrate your knowledge and the skills garnered in college. Don’t have a job? Career Services and Jobs4Hawks, the school job bank, can help you. Resume review and assistance services are offered in addition to mock job interviews.

Working smart is the way to go when preparing for life while in college or life after college.



Student Life Office

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Student Government Association

Andrew Reitberger
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Governance. Outreach. Advocacy. Leadership.

SSCB 1.205
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FRESHMEN
BLOGGERS WANTED

* THE FRESHMAN
EXPERIENCE:

~~NOT~~ YOUR
PARENTS'
YEARBOOK

*A LOOK AT THE FIRST YEAR OF
FRESHMEN ATTENDING UHCL IN A
CUTTING-EDGE YEARBOOK FORMAT.

BLOGGERS :

These are student worker positions, so applicants must be freshmen students enrolled at UHCL but do not have to qualify for work study.

QUALIFICATIONS & JOB REQUIREMENTS :

Required to have a strong command of English language, including grammar, spelling, punctuation and sentence structure.

Must be adept at social media, including Twitter, Facebook, Instagram, Blogger and/or WordPress.

Writing sample(s) required. Include links to any personal blogs.

COMMITMENT :

Must be able to commit to maintain an active and dynamic weekly online journal documenting their freshman experience at UHCL, fall and spring semesters.

SALARY :

\$8.88 per hour for 32 weeks

FOR ADDITIONAL INFORMATION
OR TO APPLY, CONTACT ROYCE WALKER AT
WALKERR@UHCL.EDU.



UHCL STUDENT SUCCESS CENTER

Tutoring Services

- Content area support for subjects and classes from all four schools at UHCL
- Tutors available by drop-in or by appointment
- One-on-one and small group tutoring sessions
- Tutors with content area experience

S.H.O.S.T.S.-Peer Mentoring

- Designed to help students make positive and successful transistions to UHCL
- Learn how to engage with the campus culture and become an active member of the UHCL community
- Fosters a sense of belonging through campus and community service

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- Academic support through concept review and guided practice for classes
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Schedule a tutor appointment online with TutorTrac!

281-283-2454
StudentSuccessCenter@uhcl.edu

SSCB 3.101
Mon-Thur: 8:00 am - 7:00 pm
Friday: 8:00 am - 5:00 pm
Sat-Sun: 12:00 am - 6:00 pm

WELCOME NEW HAWKS!



FROM THE OFFICE OF THE AVP FOR STUDENT SERVICES

WE ARE HERE to HELP YOU!

DR. DARLENE BIGGERS
Associate Vice President for Student Services

Bayou Room 2523
Biggers@uhcl.edu

Ph: 281-283-3025
www.uhcl.edu/studentservices

ci·vil·i·ty (sĭ-vĭl'ĭ-tē) *n., pl. -ties*

1. Courteous behavior; politeness.
2. A courteous act or utterance.

from The American Heritage College Dictionary


There is a difference between a scholarly debate and causing disruption by being argumentative and disrespectful.

You are a scholar and you paid for the privilege to be educated. Act like a scholar and succeed like a scholar.

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with Honor, Character, and Excellence

For more information on UHCL's conduct code, visit www.uhcl.edu/deanofstudents or scan the QR code to read UHCL's Student Rights and Responsibilities, which includes the student conduct code.



Career Services

Career Services offers a variety of programs and services including:

- Job Fairs
- Career Counseling & Assessments
- Workshops
- Mock Interviews
- Career Events
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- Jobs4Hawks
- On-Campus Interviews

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281.283.2590
www.uhcl.edu/careerservices

Academic Advising

Academic Advising can help new students accomplish:

- Evaluation of student transcripts
- Assistance with course selections
- Accurate information on degree plans and requirements
- Audit of Candidate Plan of Study to determine progress

Bayou 1410
281.283.3082

How to choose your major

SHANEA JOHNSON
THE SIGNAL

Deciding on a specific major can be a hard decision. There are a variety of degree programs at UHCL, but choosing the one that works best for you can be confusing.

UHCL provides one-on-one career counseling and academic advising to help you make the most informed decision you can. At the end of the day, of course, the choice of major is yours alone.

One of the common mistakes students make when deciding on their major is choosing a degree before they have had a chance to experience college. The first two years of your college career are designed to help you figure out what subjects you find interesting. As a result, you are better able to narrow down the field of studies for your upper-level classes.

You should avoid fields that require classes you dislike and gravitate toward jobs that encompass classes you like. For example, if you find your core math classes boring, majoring in accounting would probably be the wrong career choice for you. On the flip side, if you enjoyed every literature class you've ever taken, even with the extensive reading lists, you will probably enjoy a career using one of the Human Sciences and Humanities degrees and vice versa.

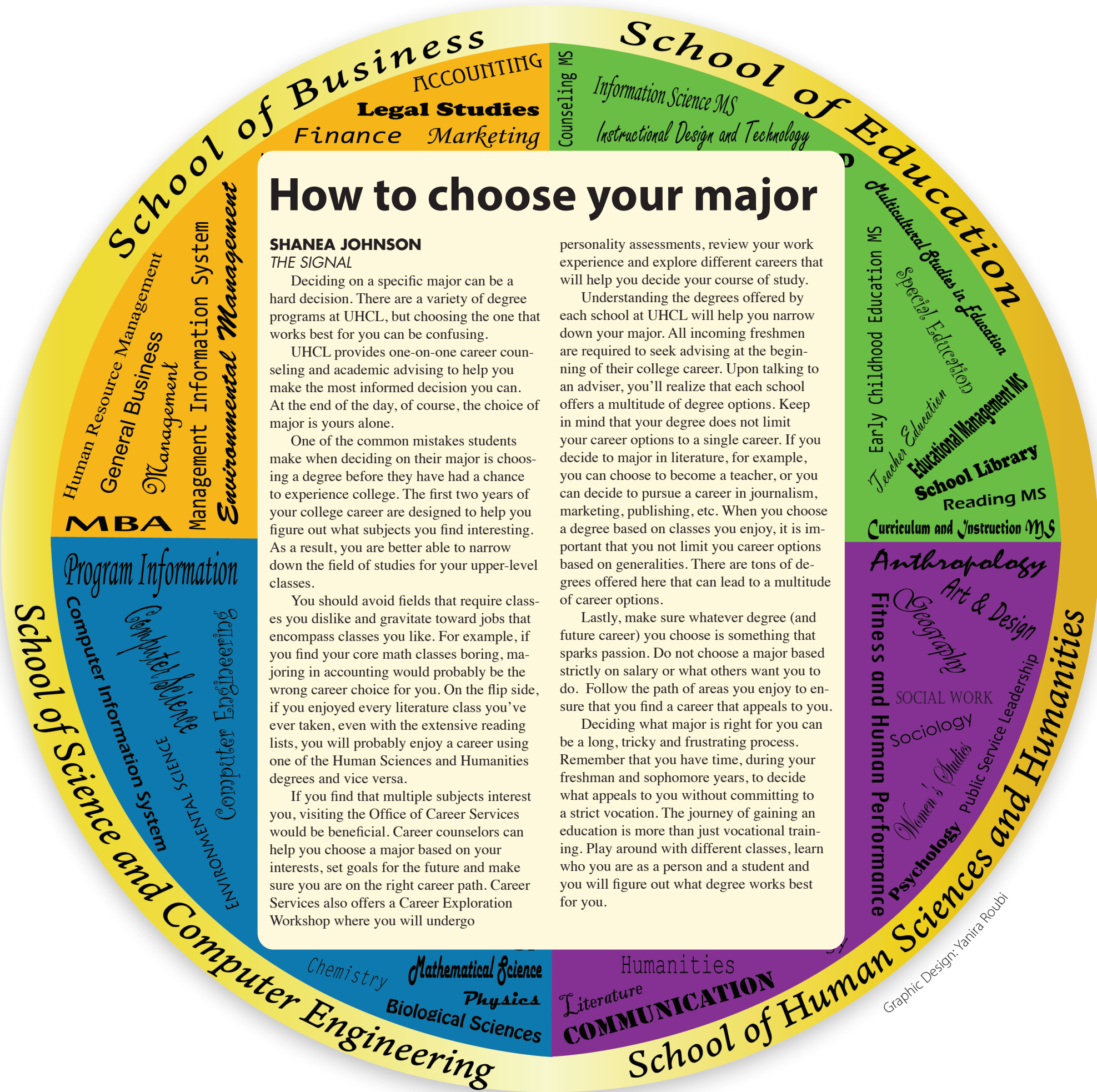
If you find that multiple subjects interest you, visiting the Office of Career Services would be beneficial. Career counselors can help you choose a major based on your interests, set goals for the future and make sure you are on the right career path. Career Services also offers a Career Exploration Workshop where you will undergo

personality assessments, review your work experience and explore different careers that will help you decide your course of study.

Understanding the degrees offered by each school at UHCL will help you narrow down your major. All incoming freshmen are required to seek advising at the beginning of their college career. Upon talking to an adviser, you'll realize that each school offers a multitude of degree options. Keep in mind that your degree does not limit your career options to a single career. If you decide to major in literature, for example, you can choose to become a teacher, or you can decide to pursue a career in journalism, marketing, publishing, etc. When you choose a degree based on classes you enjoy, it is important that you not limit your career options based on generalities. There are tons of degrees offered here that can lead to a multitude of career options.

Lastly, make sure whatever degree (and future career) you choose is something that sparks passion. Do not choose a major based strictly on salary or what others want you to do. Follow the path of areas you enjoy to ensure that you find a career that appeals to you.

Deciding what major is right for you can be a long, tricky and frustrating process. Remember that you have time, during your freshman and sophomore years, to decide what appeals to you without committing to a strict vocation. The journey of gaining an education is more than just vocational training. Play around with different classes, learn who you are as a person and a student and you will figure out what degree works best for you.



Graphic Design: Yanira Roubi

School of Human Sciences and Humanities

<http://hsh.uhcl.edu>
281-283-3333
hshadvising@uhcl.edu

Bayou Bldg. Suite 1539
Mon.–Thurs. 8 a.m.–6 p.m.

School of Business

<http://bus.uhcl.edu>
281-283-2111
busadvoff@uhcl.edu

Bayou Bldg. Suite 2111
Mon.–Thurs. 8 a.m.–6 p.m.
Fri. 8 a.m.–Noon

School of Education

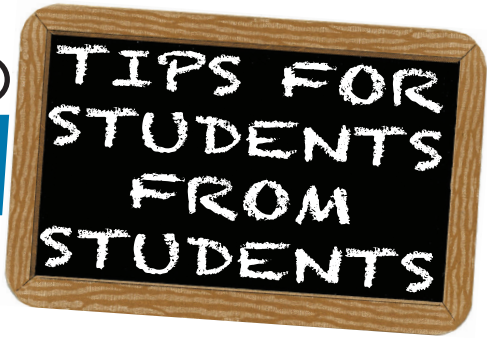
<http://soe.uhcl.edu>
281-283-3600
education@uhcl.edu

Bayou Bldg. Suite 1231
Mon.–Thurs. 9 a.m.–5:15 p.m.
Fri. 9–11:30 a.m.

School of Science and Computer Engineering

<http://sce.uhcl.edu>
281-283-3711
sceadvising@uhcl.edu

Bayou Bldg. Suite 3611
Mon.–Thurs. 8 a.m.–6 p.m.
Fri. 8 a.m.–Noon



How to survive the first year of college

LOREN FERGUSON
THE SIGNAL

Whether you're fresh out of a high school graduation or a returning student, starting college can keep you up like the night before Christmas. Relax. The Signal staff has come up with their top 10 survival tips for your first year at UHCL.

1. "Man, I love college."

This is the 'big time.' This is the start of building your career. Pay attention, absorb the education, learn your craft by practicing your skills and don't be afraid to ask questions.

4. Read the fine print.

The syllabus is different for every course as well as each professor. Make sure to thoroughly read what the semester has in store for you. Usually, a syllabus will supply you with important information such as: a schedule with due dates, absence policy, grading policy, required texts and office hours. Every professor has autonomy over his/her classroom, so pay attention to the syllabus.

6. You've got mail.

The main form of communication between you, the university and your professor will be through your UHCL email. You can link your UHCL email to your personal account. Sign in to your UHCL email, click the question mark and select "Help" to set your email up to forward messages. For help, call the Support Center at 281-283-2828 or email supportcenter@uhcl.edu. Be sure to check your email regularly so you don't miss important announcements.

7. Be proactive.

Be sure to email your professors when a problem or concern arises. If you are absent, it is your responsibility to figure out what you missed. The professor will not seek you out to walk you hand-in-hand down last week's memory lane. There is no getting around assignment due dates. Your assignment should be on time whether or not you are present in class, so make sure you have your professor's email address.

9. Guess Who?

You should make an informed decision choosing your classes. Get advice from other students and use websites like ratemyprofessor.com to see helpful reviews on all of the professors. Be sure your learning style will coordinate with the professor's teaching style.

2. Plan accordingly.

Take advantage of the resources UHCL has provided. Offices such as the Writing Center, Math Center, Student Success Center and Career and Counseling Services will guide you toward graduating successfully.

5. Time management.

Create a calendar that contains all of your deadlines. This calendar will help you finish assignments in a timely manner. It is much easier to keep track of assignments and due dates when they are consolidated and organized. Take advantage of UHCL resources like S.L.I.C.E. and Career and Counseling Services workshops offered throughout the semester to learn how to manage your time wisely.

3. Stretch your dollar.

Wait until the first day of class to buy your book unless otherwise stated by the professor. The first day of class your professor will be able to tell you which books are recommend, required or if you can save some money by purchasing an older edition. You can save yourself money purchasing used books from websites like chegg.com or by renting an eBook.

8. Keep calm and ask advisers.

Go talk to an adviser about your semester plans. Keep in mind some courses are not available year-round. Always be careful to make sure you have fulfilled the prerequisite, if applicable, before signing up for a course. Students who have not met the prerequisite will not be allowed to attend the class. Prerequisites are in place to ensure you have the necessary skills to help you get the most out of particular courses.

10. Early bird gets the worm!

Take advantage of early registration. Registering early enables a greater chance of choosing the right teachers, times and courses for you. Smaller class sizes here at UHCL are great for engaging students, but that also means that classes can fill up quickly. Don't miss out on registering for a class you need, or you might delay your graduation.

Minimize your student debt

MATT WALKER
THE SIGNAL

Student loan debt at graduation has increased far more than the median college salary and starting salaries.

A good point to consider is that an interest rate is like the morning sun: it will surely rise. How to prepare for this should be every bit as important for college students as how to prepare for final exams, even more so, because the debt students incur during their college tenure shall remain far longer than any grade incurred.

There are plenty of ways to save money. The first is so basic: spend less than you have. Track your expenses. Keep a separate notebook devoted exclusively to budgeting. Write down everything that is spent each day.

At the end of the week, categorize the expenses, such as school supplies (including textbooks), groceries, gas, entertainment and bills. Tally up how much is coming in versus how much is going out. All it takes is arithmetic, but it had better balance out at the end of the month, or you will be tempted to yield to the temptation of using credit cards.

The average yearly credit for college students is around \$1,000 a year. After four years, that's \$4,000. With interest being what it is (usually 6 percent), that will amount to more than \$540, providing it's paid off within a year after graduating.

The best thing to do is to not carry a credit card in your wallet. Credit cards should only be used as a last resort, for instances such as emergencies, not for regular expenses like paying the phone bill.

Other ways to save money would be brown-bagging your lunch, shopping at thrift stores, buying store-brand products at the grocery store instead of name brands, keeping track of your change and using it instead of breaking new bills, carrying cash instead of debit cards, and buying basic supplies, such as detergent or writing utensils, at the Dollar Store instead of anywhere else.

"In order for students to use their financial aid refunds wisely it takes planning," said Jessica Thomas, UHCL associate director of Financial Aid. "Students should first understand that their refund is intended to help them with their educational costs for the entire semester. Financial aid awards are offered to assist with costs including tuition/fees, books, housing, transportation and miscellaneous items."

"The best way for students to make the refund last is to budget. Budgeting is a skill necessary well after graduating from college and is something that takes discipline. The challenge for some students arises because a lump sum of money is refunded to them, and it feels like they've won the lottery"

Financial aid is offered for educational expenses, and it is important to understand that buying expensive dinners in August may mean eating ramen noodles in December."

Students can use various budgeting tools, but Cash Course (<http://www.cashcourse.org/uhcl>) helps plan finances for the semester. Budgeting and understanding monthly bills and finances is one way to be successful as a graduate.

O.K., I failed my first test, now what?

SHEREA CARY
THE SIGNAL

Classes have started; it appears everything is under control — working, socializing and keeping up with class assignments — or so you think. When the first exam rolls around, students are eager and sometimes overly confident about study skills and taking exams.

The first exam results are returned; there is a red letter at the top of the page. It is not one of the first three in the alphabet. In fact, it is the fourth or the sixth letter of the alphabet. What happened?! Before having a panic attack, take a deep breath, then visit the Student Success Center.

The Student Success Center is a resource and support system available to all UHCL students to help make academic success possible. The services offered by the Student Success Center are designed around skill development, content knowledge and guided practice. All services are free of charge, as they are already included in tuition and fees.

Students can seek help by scheduling an appointment or dropping by the Student Success Center (SSCB 3101.2). A faculty member or adviser can refer a student, but the most important step is a student must ask for help. Staff members talk with students to identify the challenges hindering their academic success.

Individualized help is available for students having difficulty, through traditional tutoring, supplemental instruction, peer mentoring and academic coaching. Tutoring is offered in person and online. Students are matched with tutors experienced in the subject

matter in which the student is having difficulty.

A lack of time management skills, lack of note taking skills, or not understanding the reading material could be the stumbling block to academic success.

Simple steps such as having a designated time to meet with a tutor or academic coach to help with questions or review assignments are effective measures to clear away the stumbling blocks.

Tutors use detective-like skills to determine a student's strengths and weaknesses. Once trouble areas are identified, tutors work to improve or develop study skills, leading to academic success and improved grades.

"It can be fixed; we have had remarkable recoveries here," said Tim Richardson, director of the Student Success Center. "It is OK to ask for help."

The Student Success Center works closely with Career and Counseling Services to implement a plan to minimize weaknesses and capitalize on student strengths, assisting struggling students get back on their feet.

Career and Counseling Services can advise students struggling

in a particular subject how important the subject matter is to a career field. For example, a student struggling with advanced math courses may need to reconsider an engineering degree.

"Maybe there would be more than one major that could get them to the occupation of their choice," said Chuck Crocker, associate director of Career and Counseling Services.

Struggling academically is demoralizing and can overshadow an otherwise delightful college experience. It is important to seek help at the first sign of academic trouble; getting help early reduces stress and anxiety, giving a student a fighting chance to succeed in the classroom.

In addition to helping students who are having trouble, the Student Success Center helps students maintain good grades and keep the momentum going.

"It is always good to be proactive; we are here for all students, not just those in trouble and struggling," Richardson said.

Financial Aid

The Office of Financial Aid offers students assistance and services such as Grants, Scholarships, Loans and Work Study opportunities.

SSCB 1.105
281.283.2480
www.uhcl.edu/finaid

The Neumann Library

www.uhcl.edu/library



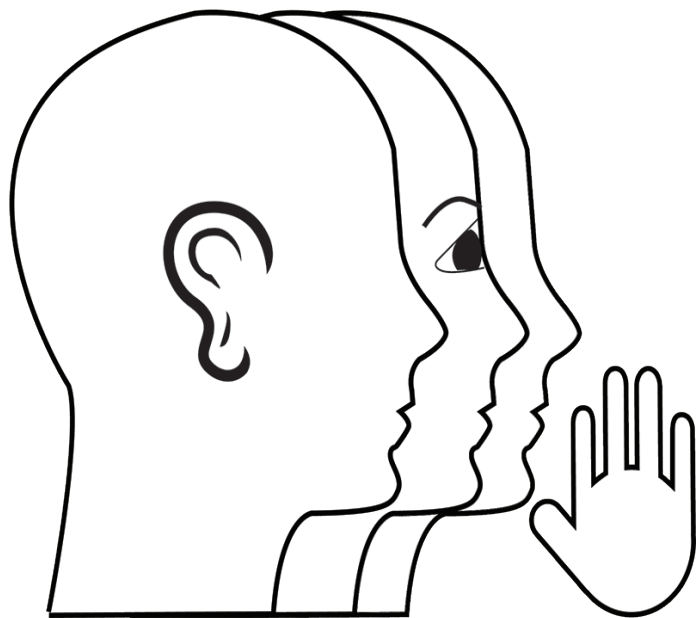
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What kind of student are you?



GRAPHIC DESIGN: YANIRA ROUBI

BAISHA KREUZER THE SIGNAL

You walk into the classroom and are promptly confronted with a decision that will affect your learning capability.

While scanning the room, you notice one empty seat in the front and one in the back of the classroom. Which one do you choose?

While appearing on the surface to simply be a place to sit, your choice of seat can affect your overall comprehension of the information presented in your class. Why is this?

It is because each individual student has his or her own unique learning style. There are three learning styles that are most prominent:

visual, auditory and tactile. The best way to succeed academically is by knowing your personal learning style.

Regardless of which learning style applies to you, when studying by yourself isn't enough, there are multiple services on campus to provide help.

"There is nothing wrong about asking for help; be a detective and find out what you need," said Tim Richardson, director of the Student Success Center.

There are other academic success programs offered at UHCL, such as the Writing and Math Centers, supplemental instruction designed for difficult classes (for

students and faculty), Students Helping Other Students To Succeed (S.H.O.S.T.S), among others.

The best thing you can do for yourself is "dive in head first," said Blaine Ganter, coordinator of tutoring and supplemental instruction.

Also remember that you are not alone. Many students use these programs on a daily basis.

"Roughly 1,500 appointments are made per semester, most of which are repeat appointments," said Katie Hart, program coordinator for the Writing Center.

Whatever your learning style is, understand it, and if you need further assistance, take advantage of the tutoring programs on campus.

What's your learning style?

Take the quiz to find out

1. You prefer the textbook for your class to have...
 - a. A lot of pictures, graphs, charts, etc.
 - b. A lot of words, descriptions and definitions.
 - c. A lot of puzzles, quizzes and practice tests.
2. You're waiting in the checkout line at the book store on campus. While waiting, what are you most likely to do?
 - a. Look around at the other items in the store.
 - b. Talk to the person next to you in line.
 - c. Fidget, check your phone, move back and forth.
3. When you see the word "hawk," what do you do first?
 - a. Picture a hawk in your mind.
 - b. Say the word "hawk" to yourself.
 - c. Think about hearing or holding a hawk.
4. What's the best way for you to learn how something works? (i.e.: video or computer game)
 - a. Get someone to show you.
 - b. Read the instructions or listen to someone explain it.
 - c. Figure it out by yourself.
5. What do you find most distracting when you are trying to study?
 - a. People walking past you.
 - b. Loud noises.
 - c. Being too cold or too hot.

This quiz will help you decipher which learning style best suits you and how to harness your education by using a style to your advantage.

If you answered mostly A's:

You are a Visual Learner! You like to keep yourself organized and often learn best with your eyes or by visualizing information. You like finding something to watch to entertain you when you're bored. You learn best by reading or seeing pictures and understand best when given a visual representation (i.e.: information written on the board or in a PowerPoint).

What you can do to learn best:

- Sit in the front of the room.
- Make sure you wear corrective lenses if you need to (no matter how dorky you think your glasses may look).
- Take a lot of notes; write down key words or phrases from your lectures.
- When studying, avoid distractions such as TV or being in loud, public places.

If you answered mostly B's:

You are an Auditory Learner! You will learn best from your professor if you attend every lecture and listen to the information given. You store information based on how it sounds and have a less difficult time with spoken instructions than written ones. You often learn by reading out loud because you have to hear it to remember it.

What you can do to learn best:

- Find a seat in the classroom where you can hear well.
- Read your textbook, assignments and directions out loud.
- Have your test questions read out loud to you.
- Use audio books or record yourself reading and play it back.

If you answered mostly C's:

You are a Tactile Learner! You're a hands-on type person. You learn best when you solve the equation yourself and understand concepts through physical movement. You enjoy building, moving, drawing or touching to learn. You need to be active and take frequent breaks.

What you can do to learn best:

- Do hands-on projects such as art presentations, taking walks or acting out stories.
- Use flashcards and group them to show correlations between ideas.
- Trace words with your finger to remember key terms.
- Integrate the information you are studying with a physical activity.

Student Success Services Center

The Student Success Center is a comprehensive academic support resource that offers:

- Tutoring for courses in all four schools
- Supplemental instruction for particularly difficult classes
- Study skill development
- Peer mentoring programs

SSCB 3101.2
281.283.2643

did you know...

- Along with these three learning styles, there is another factor that can further explain how UHCL students learn best: whether they belong to the Millennial generation or Generation X.
- Generation X students are those born in the 1960s and 70s, while Millennial students are those born in the 1980s and 90s. The difference between the two groups is the integration of technology.
- Generation X'ers are accustomed to learning information one item at a time and processing new material by breaking it down in a linear manner.
- Millennial students are used to downloading and processing information quickly, multitasking and ultimately learn best in a non-linear manner. Because of this generational gap, UHCL students learn very differently.

Meet Susie Queue

ANDREA THOMAS
THE SIGNAL

The Writing Center is a great place to become familiar with, especially as a new student at UHCL. Even if you consider yourself to be an excellent writer, it never hurts to have a second set of eyes take a look at your work.

One of the tutors at the Writing Center that every student should get to know is Susie Queue. She is a 24-year-old undergraduate, seeking a degree in literature.

Susie is easily recognizable, with her flowing chestnut hair and black beret. She's sort of the mascot of the Writing Center and is pretty popular with the student population. Susie Queue is a virtual tutor created by the director and tutors in the Writing Center. Susie's image was designed by Katie Hart, program coordinator and business assistant. Writing Center Director Chloe Diepenbrock took one look at Hart's creation and said, "You drew Susie Queue!"

Susie is an aspiring librarian. She enjoys reading as much as she can, whenever she can, wherever she can. One of her favorite authors is Oscar Wilde, and she even named her dog after him. Wilde likes to sit with Susie while she reads and enjoys chewing on her pencils. Susie also enjoys photography as a hobby.

Students can chat with Susie online through the Writing Center's website. She is a virtual tutor – literally – available for questions if you are unable to physically make it in to the Writing Center.

"Susie's availability to answer quick questions and brainstorm has made people feel comfortable with engaging in this type of technology," Diepenbrock said.

Susie's advice for incoming freshmen is "don't be scared to come in; it's a comfortable environment and we won't mark up your papers with red pen."

Writing Center tutors do not edit your papers; however, they will help you to become a better writer. The tutors at the Writing Center spend a semester learning how to help students with their papers. They will not do the work for you, so it is a good idea to come in with enough time to get the help you need and not wait until the

day your paper is due. A good rule of thumb is come early, come often.

You can come as a walk-in or you can make an appointment. The slots fill up quickly, so it is recommended to make an appointment.

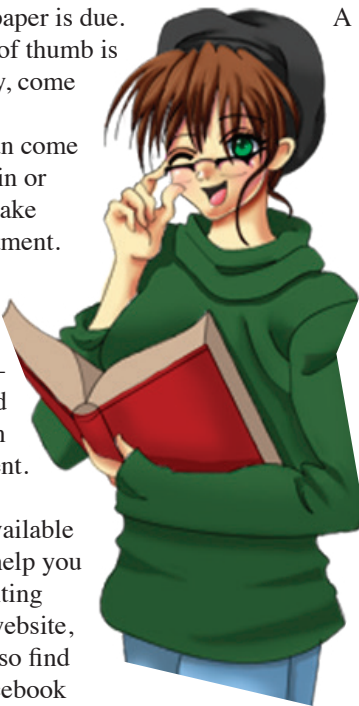
While Susie is available online to help you on the Writing Center's website, you can also find her on Facebook and become a fan of her page.

Susie's Facebook page was created by a group of tutors, as a project, during their training. She has become so well known as a virtual tutor that other universities have asked for help creating their own virtual tutor and how to make it work for their university. Hart and Diepenbrock are currently working on a website that discusses the creation and theory behind Susie, with plans for anyone who wants to create his or her own virtual tutor.

"We hope to publish the site on Kairos, which is an online publication about rhetoric and writing pedagogy," Hart said.

"Since August, there has been more than a 100 percent increase in synchronous chat sessions," Diepenbrock said.

Susie has been a key tool in introducing chat technology to the university community. Diepenbrock attributes the Writing Center's current success with chat tutoring to Susie Queue.

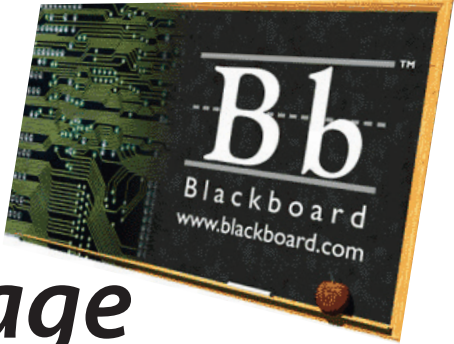


Follow Susie Queue
on Facebook!



www.facebook.com/SusieQueue4Writing

Going to college in the digital age



SHANEA JOHNSON
THE SIGNAL

College success no longer relies solely on lectures and textbooks; it is composed of the traditional aspects of university life, mixed with Blackboard, E-Services and an enormous amount of online information.

EASE Online

Registering for the right classes is the most important way to start a semester of college. You register for classes at UHCL using EASE (Easy Access System for Enrollment). You access EASE by using your UHCL user ID and password. Inside this system you can search for classes by term and course subject in addition to other ways to narrow your class search.

Students having trouble navigating the system can visit the Student Assistance Center in SSCB 1.102 or call 281-283-2722.

Library Databases

The Internet is a wonderful resource for your college career. It can be very useful when conducting research for class projects. You can find reputable articles and interviews simply by searching with Google or other popular search engines.

You can also access the Neumann Library's databases in the comfort of your own home by using your UHCL user ID. There is a "Databases A-Z" tab on the library's homepage at www.uhcl.edu/library. There you can find newspaper, magazine and journal articles free of charge; the subscription service is included in tuition/fees.

Remember, the Internet is a wealth of knowledge, but UHCL prides itself on academic honesty. If you think it might be plagiarism, it probably is. Always cite your sources. Failing to do so can result in a failing grade, getting kicked out of the class or, in extreme cases, expulsion from the university.

Blackboard

Blackboard is a Web-based program used by most of the professors and students at UHCL in order access grades, classroom material, tests, discussion boards and much more, depending on how a professor chooses to use it.

You will most likely have to use Blackboard at least once in your college career, so you need to understand it. Jenni Willis-Opalenik, instructional designer in University Computing & Telecommunications, stated that the testing feature is one of the most confusing aspects of Blackboard for students. The course instructor sets testing inside and there are many ways they are able to set the time limits.

"If there is a time limit, even if you log out, the timer keeps running," Willis-Opalenik said. "You should leave wiggle room for tests."

Another thing students should keep in mind when using Blackboard is to avoid accessing Blackboard from a mobile device or tablet in order to have fast connectivity and avoid the coursesite from freezing.

"Although they are becoming increasingly popular (bordering on ubiquitous), tablet devices and smartphones are not a good way to access Blackboard, especially when it comes to completing assignments and activities (e.g., quizzes, assignments, discussions) that are graded," said Samantha Houston, learning technology administrator. "Whenever possible, we strongly recommend that students use full-function computers, either desktop or laptop, to take tests/quizzes and submit graded work in Blackboard."

Blackboard is utilized for all of the online courses at UHCL.

"Effective communication between instructors and students is a cornerstone of successful learning in the online environment and, for many students, this means adjusting their need and expectation for immediate gratification and response times," Willis-Opalenik said.

Online Tutoring

In addition to Blackboard, there are a number of resources you can access online at UHCL. Tim Richardson, director of the Student Success Center, takes advantage of the digital age by offering online tutoring and supplemental instruction sessions. The Writing Center also offers online tutoring.

"We use an online scheduling system with tutoring and academic coaching," Richardson said. "You can search for your courses by your username and when they come up, you click what class you need help with and it shows tutors for that subject and their availability, including in-person and one-on-one, and you can book an online appointment with a tutor."

Richardson stated that a lot of students live far away from campus and cannot always come up to school to receive the help they need. The Student Success Center is constantly looking for ways to improve its online tutoring function to ensure that students are receiving the best help available to them.

"We are continuously looking for different ways to do online tutoring," Richardson said. "We look for online resources that will help a variety of students."

Professor Rating Sites

Online rating systems are another popular feature of the digital age. Before a student decides what professor to take for classes, most students will look at RateMyProfessor.com. RateMyProfessor is an online site where students can look at reviews from past students for most of the professors at UHCL. When looking at the site, look for reviews that offer examples and talk about what to expect out of a class. "This class sucks" is not a valid review and will not help you understand what to expect from the professor or the coursework. Remember, reviews are based on opinion, so take them with a grain of salt. Sometimes good professors/courses receive bad reviews because a student was upset with the work load/expectations of a college course.

University of Houston - Clear Lake

Celebrating Excellence

Writing Center

We make better writers.

281-283-2910 • www.uhcl.edu/writingcenter
SSCB 2.105 • writingcenter@uhcl.edu

The Math Center

The Math Center is designed specifically to support and encourage student preparing to be teachers of K-8 Mathematics. Its goals are to help students learn the mathematics they will be teaching as found in their textbooks and to delve deeper into the underlying mathematical concepts.

An additional focus of the Math Center is to help students overcome math anxiety.

Bayou Building 2123
281.283.3883

FIND OUT HOW YOU CAN
GET INVOLVED ON CAMPUS AT THE

FALL STUDENT ORGANIZATION EXPO

WEDNESDAY,
SEPT. 3, 2014

BAYOU BLDG.
ATRIUM II
11 am - 6 pm

SOAR INTO NEW OPPORTUNITIES

Joining a student organization can provide you with education opportunities outside of the classroom, play a key role in your success, and enhance your overall college experience.

There are more than 80 active student organizations on campus that contribute to the educational, professional, civic, and social development of all students involved. Students are encouraged to join organizations that fit well with their interests.

Don't Hide Your Pride

Student Life Presents
6TH ANNUAL

I HEART UHCL!

www.uhcl.edu/studentlife

- ♥ ACTIVITIES
- ♥ FOOD
- ♥ FUN
- ♥ SPIRIT!

Wed., Oct. 15
Bayou, Atrium II
12 – 7 pm

 #UHCclearlake #IHEARTUHCL

 www.fb.com/UHCLstudentlife
www.fb.com/UHCclearlake

Any individual needing a special accommodation to attend should contact the Student Life Office at 281-283-2560 one week prior to the event.



Hawk Leadership Institute

Open to incoming Freshmen and Sophomores

Apply to become a part of this exclusive learning community designed to foster your greatest leadership potential. This year-long institute will provide incoming freshmen and sophomores with a very personal and high impact learning experience. Participants will benefit from having their very own Hawk Success Coach, workshops, Leadership Challenge Retreat, and a small team of peers who will support them along their leadership journey. Participants will have direct access to campus resources and personnel to help them in their academic and personal success. Space is limited to 30 students, so apply today!

18th Annual Student Leadership Conference



Are You America's Next Top Leader?

Sat, Nov 8

Join more than 200 college students from all over the state of Texas for inspiration, empowerment, and personal leadership development! Keynote Speaker Joshua Fredenburg will kick off a day of fun workshops and activities designed to bring out your leadership potential! **Free for current UHCL students!** Registration required.

www.uhcl.edu/slice

Stand Out from the Crowd!

Check out these programs for New Students!



Emerging Leaders Academy

August 18 — 21, 5 — 8pm

Open to ALL students

Mon: Get Involved! Campus Organizations and Student Leadership Opportunities at UHCL

Tues: Don't Just Break the Ice, Melt It!

Weds: A Sneak Peak into The National Society of Leadership and Success

Thurs: Discover Your Strengths—The Key to Becoming an Effective Leader and Fulfilling Your Potential

Attend all four workshops and get a free SLICE t-shirt and certificate. Dinner is provided at each workshop. Pre-register for ELA online at: www.uhcl.edu/slice.



SLICE

Student Leadership, Involvement and
Community Engagement

Students refuse to let obstacles get in the way

ANDREA THOMAS
THE SIGNAL

There are many services and organizations that will help new students make the transition from high school to college much easier, as long as you know to ask for it. Disability Services is one of the offices on campus that assists students with special needs and learning differences. Disability Services is a place to go for help and to feel safe doing so. You may have a diagnosed disability that warrants special arrangements or you might be unaware of your needs. You can meet with

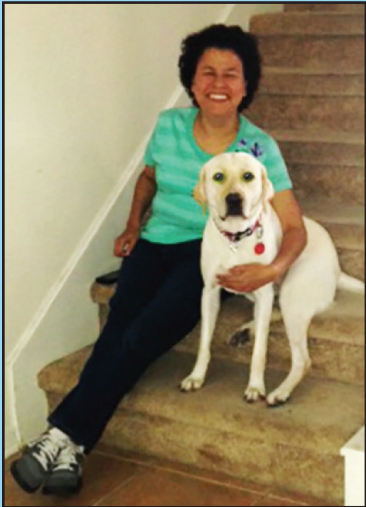
Disabilities Services to discuss your case. It is important to know that the staff does not diagnose or treat disabilities, so an appointment with your family doctor or the UHCL Health Center may also be helpful. College is meant to be hard, but in a manner which pushes you, daring you to overcome challenges and become successful. “Incoming freshmen need to know that the laws are different in college than they are in high school; here students with disabilities are still expected to complete the same material as the other students,”

said Gavin Steiger, director of Disability Services. Steiger explained that he is not an “official academic adviser,” but suggests that “students set reasonable standards and make a schedule that will play toward their strengths and to be mindful of the number of classes they take.” It is also up to the student to register with the Office of Disability Services and provide proper documentation for his or her specific disability. At the college level, self-advocacy and independence are necessary. It is important

for students to be able to communicate what their specific disability is and how it affects their everyday life. By meeting with someone in the Office of Disability Services, reasonable accommodations can be made and accommodation letters will be provided for students to take to their professors. Once professors have the accommodation letters, they can plan and teach accordingly. Having a disability does not make someone disabled. Just ask any of the students who utilize Disability Services.

EVA’S STORY

Eva Bergara is one of those unique individuals. She is a graduate student seeking a Master’s in Humanities with a concentration in Family Therapy. She also works part-time as an independent living specialist at the Brazoria County Center for Independent Living in Angleton. Eva assists people with disabilities in locating services that will help them to be more independent. Eva does not walk this campus alone. She has her seeing-eye dog, Kim, to help guide her around campus. Eva has been blind her whole life, and her only complaint is that she wishes transportation was easier. She carools with a family member from Alvin, which means they have to coordinate schedules.



Eva Bergara is a Graduate Student in the School of Human Sciences and Humanities. Eva is blind and relies on her guide dog, Kim, to help her around campus.

There are several different screen-reading programs available for students who are blind. Eva uses several different ones. She uses Jaws, a program for Windows, when at school or on a PC, and at home or on the go, she uses System Access and voice-over on the Mac and iPhone. In class she uses a note-taking program called Brailenote Apex, which has a braille display that allows her to read what she is writing without interrupting class.

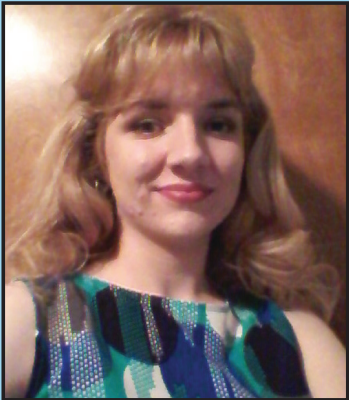
Disability Services has a list of assistive technologies for students to use. Eva’s advice to new students is, “don’t be afraid of someone with a different lifestyle; just saying hello could open up the door to a new friendship.”

CINDI’S STORY

Cindi Young is another unique individual on campus. Cindi has two cochlear implants, which enables her to hear, but without them she would be completely deaf. Cindi visits the Office of Disability Services at the beginning of each semester to fill out the paperwork needed for her classes.

She uses Communication Access Real-Time Translation, also known as CART, to assist her in class. It is a service that has a trained operator who uses keyboard or stenography methods to turn verbal speech into written text. This enables Cindi to participate in her classes. It is also her responsibility to let the CART operator know if she is going to miss a class, since she uses the CART services through the Office of Disability Services.

Cindi was born deaf and communicated with sign language until she was 9



Cindi Young uses the office of Disability Services to succeed as a hearing impaired student. She is an Undergraduate student, majoring in Math.

years old. She received her first cochlear implant and started speech therapy to learn how to hear the different sounds and to create words. At 15, Cindi received her second cochlear implant and continued speech therapy. She has been able to hear for the past 13 years and can read lips pretty well, but no longer uses sign language to communicate. Cindi was home-schooled and graduated high school at age 19. She plans to attend graduate school and wants to teach at the college level.

Cindi expressed the ways the Office of Disability Services can assist students with their academic advancement and the responsibilities that rest on students’ shoulders. “Good Communication is essential to success,” Cindi said, emphasizing the fact that students cannot receive help if they do not first ask for it.

DISABILITY RIGHTS & RESPONSIBILITIES
COMPARISON CHART OF HIGH SCHOOL AND COLLEGE

| | High School | College |
|--|---|--|
| What are the applicable laws? | Individuals with Disabilities Education Act (IDEA) Sec. 504, Rehabilitation Act of 1973 | Americans with Disabilities Act (ADA), as amended Sec. 504 of the Rehabilitation Act of 1973. |
| What is the intent of the laws? | Enables student success. IDEA: Provides a free public education for disabled students. 504: To ensure no disabled person is denied access, benefits or is discriminated in public activities or programs. | Provides equal access. To ensure that no otherwise disabled individual should be denied access, benefits or is discriminated in public activities or programs. |
| Who is covered? | All infants, children and youth requiring special education services until age 21 or graduation from high school. | All qualified individuals with disabilities who meet the entry age level or program entry criteria and who can document a disability from the A.D.A. |
| Who is responsible for identifying and documenting the need? | School districts are responsible for identifying, evaluating and planning educational services at no expense to the parent or individual. | Students are responsible for self-identification and for obtaining disability documentation from a professional who is qualified to assist. The student assumes cost. |
| What about self-advocacy? | The parent of guardian is the primary advocate. Students with disabilities should learn about their disability, the accommodation(s) they need, and ways to be a self-advocate. | Students must be able to communicate what their disability is, how the disability impacts and functionally limits major life activities. They must be able to identify any accommodations. |

Adapted from: The Big Difference, Indiana University - Bloomington, 2002.

Disability Services

www.uhcl.edu/disability

The mission of this office is too promote academic excellence, retention and graduation by ensuring that members of the UHCL community with disabilities have access to all of the programs and activities offered by the University.

We foster and encourage our students with disabilities to learn the skills necessary to become responsible and self-reliant in order to achieve academic and personal success while providing a fully integrated university experience.

Director:

Gavin W. Steiger, M.ed

steiger@uhcl.edu

SSCB 2.101

281.283.3883

ANY INDIVIDUAL WHO REQUIRES A SPECIAL ACCOMMODATION FOR A DISABILITY TO TAKE ADVANTAGE OF OR PARTICIPATE IN THIS EVENT SHOULD CONTACT THE SPONSORING ORGANIZATION AT LEAST ONE WEEK PRIOR TO THE EVENT TO ARRANGE FOR THE ACCOMMODATION.

ATTACK OF THE GROUP PROJECT

MAX NEWLIN
THE SIGNAL

Along with a degree, there are several different characteristics employers look for in a potential employee.

One that is often overlooked and under-practiced is teamwork skills. After graduation, you will have to work with people you have nothing in common with or may not get along with.

The workplace is not like college. You and your best friend can not go to a job interview and ask for the same work schedule and cubicles next to each other.

This is where the group projects come into play. On the first day of class, after being handed the syllabus, a student usually follows the same pattern: skip over all of the academic honesty and course description jargon, take a peak at what books may be required, look to see if attendance is required and then go straight to the assignment list.

An assignment list featuring a series of multiple-choice tests will bring a tear of relief to any student fearing a heavy workload. A few tests and a couple of papers are manageable, and at least you are only depending on yourself so your procrastination can run free.

The most dreaded item on the assignment list is the group project. Group projects are unpopular. You may feel awkward talking to people, the aforementioned procrastination now has its eyes set on outside prey or you know that you will be the victim of someone else's.

Immediately you start looking around the room, sizing up potential group members. The pretty girl or boy is a must just to give you an incentive to show up to meetings as well as motivate you to do good work to impress he or she.

Next is the guy who is 11 chapters in to the textbook even after the teacher said the class would only be covering the first eight. The girl who has asked a question about every section of the syllabus will be perfect for administrative duties.

Great, you have your ideal group all plotted out and you can relax. However, when the time comes to group up, the pretty girl/boy joins a group with his or her boyfriend/girlfriend, the guy who read the entire textbook is out sick and your administrative boss had her group formed and fully networked before the class sat down the first day.

Quickly, you scan the room meeting the eyes of others like you who either thought they also had it figured out or are the underachievers of the class just now hearing of the group project.

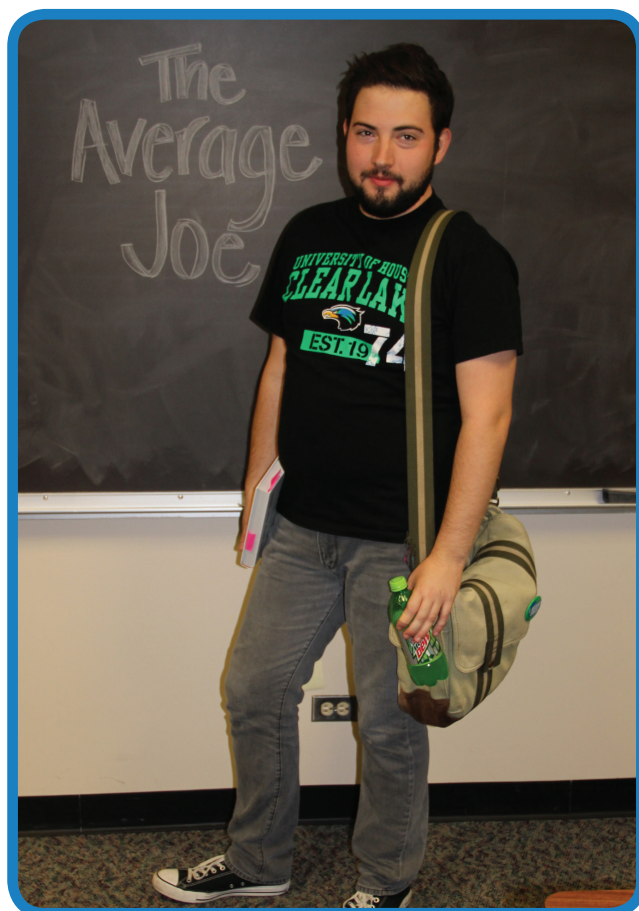
After a few seconds of a nonverbal courtship from across the room, you decide to team up with the leftovers on the Island of Misfit Students.

You spend the first meeting staring around at each other like a bad poker game and slowly start to put together a plan and assess with whom you are working. The girl in your group is cute, but she is constantly checking her

Instagram and is on her third reapplication of makeup in the last hour.

One guy has been reading all class, but it is the second book of the Game of Thrones series. The group's potential administrator is more of a dictator as she demanded the easiest part of the project for herself and gave specific windows of time that she can be contacted. She also looks like she might throw hot coffee in your face if you have an objection.

The group is set. You spend the next few weeks, depending on which type of group member you are, procrastinating, completely forgetting the assignment, doing the wrong part of



Colden Snow poses as each type of group member.



the assignment or frantically emailing the other members wondering where their part is.

In the end it all comes together. The guy who read the whole textbook showed up the next week and got assigned to your group. The cute girl has been missing from class since the day the group joined although, from the pictures on her Instagram, it appears she has been at a perpetual party in Cancun. The others eventually formed a coup and overthrew the dictatorial leader, and textbook guy was able to recite you the book when having trouble with your assignment.

The most important thing is that the assignment is complete, you survived and got a practical experience in group dynamics. Keep in mind, you won't get to pick your group in the workplace. Which member of the group will you be?

Stress factors for transitioning students

COLDEN SNOW
THE SIGNAL

Leaving high school and arriving in college can be difficult for many reasons. You are, after all, leaving the structured world of public school, you also may feel extra pressure now that you or someone very close to you is paying for your education. Above all, you may start to feel stressed in new and different ways than you have experienced before.

Alfred Kahn, Director of Career and Counseling Services described three different levels of stress a student transitioning to college for the first time might face.

1. Academic Challenge:

When starting your first college classes you will notice a difference. You may have to write more essays than before, your grades will be weighted more heavily.

2. Personal Transition:

The transition from high school to college is difficult for most. "When you get to college, you're on your own and that is a huge shift for students," says Kahn.

3. Social and Emotional Stress:

Life is full of choices and the choice to go to college may be different from what some of your high school peers may have chosen. You may experience altered relationships with people that you were close with in high school.

You may now be thinking to yourself, what if I do experience stress on any or all of these levels? Well there is no need to worry; the office of Counseling Services, located on the third floor of the Student Services Building is there to help. If you feel you need help with any problem major to minor, stress, personal, or emotional all you have to do is make an appointment and one of the highly trained staff will meet with you.

"We have experienced, professional staff, who have been working with college students for years to help them face those challenges [emotional, personal], to be able to manage and reduce their stress, [and] to solve problems," said Kahn.

Counseling Services Office

www.uhcl.edu/counselingservices

If you have personal concerns, licensed professionals provide confidential counseling on a variety of matters such as academic difficulties, problems with relationships, substance abuse, establishing personal and vocational goals and dealing with stress.

The department also administers the THEA and LSAT tests.

Director:
Alfred J. Kahn, Ph.D.
kahn@uhcl.edu

SSCB 3.103
281.283.3883



A VETERAN'S STORY

MANUEL NANEZ
THE SIGNAL

The military prides itself on preparing soldiers for whatever challenges they may face. As capable and competent as our soldiers are when they leave the service, they still, like any student, may need some assistance and guidance in navigating through the college system. In fact, adjusting to college life after military service can pose greater obstacles than those faced by civilian students.

Meet Michael Medina. He's a 26-year-old Iraq veteran who is majoring in criminology. He is also a mentor in the Veterans Peer Mentorship Program, a program on campus that assists veteran students in making a successful transition from the military into student life.

The program, which began in the fall of 2013, did not exist when Medina first enrolled at UHCL. Had it been here, Medina says, it would have helped him clearly identify and correctly follow all of the proper steps in the G.I. Bill process, as well as identify the correct off-campus government locations required to file certain paper work.

The director of the program, Trisha Ruiz, echoes this sentiment. Ruiz was a non-commissioned officer in the Army and served as a Military Police Officer for six years.

Ruiz said many veteran students do not even realize all the opportunities that are available to them on campus. For instance, some do not realize that they qualify for financial aid and therefore do not apply for it.

The Veterans Peer Mentorship Program works to close that information gap and ensure that veterans at UHCL take advantage of all the opportunities that are here for them.

Every Monday, from 10 a.m. to noon, someone from the Office of Career and Counseling Services is available for veteran students to speak with. The topics discussed can range from career guidance to helping connect student veterans with those who can

best help them should they experience post-traumatic stress.

As Ruiz explains, transitioning from a life in the military is one of the biggest transitions a person can make. The goal of the Veterans Peer Mentorship Program is to help make that transition a positive one.

Medina remembers well the challenges that accompanied his transition to student life. As a sergeant in the Marines he was in charge of 55 soldiers.

"We had like 25 aircraft, Hueys and Cobras, the helicopters," Medina said. "Each one was like \$14 million, so if something happened it would fall on me."

Having had that level of responsibility and activity in the military has affected how Medina views civilian life. He compares it to almost developing a case of OCD or ADD. Medina encourages other veteran students who feel the same way, those who may need to fill a void or feel a little lost as civilians, to stop by the office and see what the program has to offer or even volunteer on a community service project, which the program periodically organizes.

Ruiz considers Medina to be an outstanding leader who has taken the skillset that

he learned in the Marine Corps and applied it to his life as a student and as a mentor, helping set new students up for success at UHCL.

"Mike is an integral part of my team," Ruiz said.

There is no financial compensation that comes with being a mentor and serving such a pivotal role in the organization. Medina's commitment is fueled by his desire to help other veterans to carry the strengths and skills that they learned in the military to a university setting.

Being a part of the Veteran Peer Mentorship Program offers veteran students the intangibles that come along with being a part of a network of individuals who have shared experiences. Veterans have unique experiences and perspectives, and the Veteran Mentorship Program plans to keep UHCL veteran students connected and supported.



Michael Medina, Iraq veteran, criminology major and mentor in the Veterans Peers Mentorship Program.



Frank Gutierrez, UHCL staff member, meets and socializes with Department of Veterans Affairs representatives Malinda Campbell and Denise Gabino.



Jessica Devitt working the booth for Pets for Vets, an organization that pairs a shelter pet with veterans who could benefit from a companion animal.



Navy veteran, Jack Leavell, chats with a fellow service member about the American Legion.

TIPS FOR VETERAN STUDENTS TO SUCCEED IN COLLEGE

1. Prepare for a transition: no more regimented schedule.
2. Be open to a new mindset: college life offers daily interaction with people who will have differing opinions and background.
3. Seek out other veterans: connect with peers from similar backgrounds.
4. Hang out with civilians: while connecting with peers, also do things on campus outside the veterans' sphere.
5. Strongly consider traditional college: choose a college with a physical campus versus earning a degree online.
6. Practice patience: veterans are often older and have more life experience than classmates; don't discount younger students.

See full U.S. News article by Katy Hopkins at <http://www.usnews.com/education/best-colleges/articles/2012/06/08/6-tips-for-veterans-to-succeed-in-college>

Veteran Services Office

www.uhcl.edu/vso

UHCL is proud to serve the men and women who have served their country.

The Veteran Services Office assists students with information on receiving or transferring their Federal VA benefits.

New Students - Transferring Students - Current Students

SSCB 3.201
281.283.3071

From foreign to familiar: *Forging a diverse community*

MATT WALKER
THE SIGNAL

Students don't have to feel like strangers in a strange land. In Robert Heinlein's "Stranger in a Strange Land," a marooned earth-orphan is raised by Martians. When they send him back to Earth years later, the culture shock is so extensive that he longs to return to Mars.

International students at UHCL may initially feel as if they're on a different planet when they first arrive. Homesickness is to be expected.

The Office of the Intercultural Student Services (ISS) can help international students face these challenges (such as differences in culture, language and social mores) and adapt to their new environment. It is located on the first floor of the Student Services and Classroom Building, room

1.203. The office assists students from the U.S. and all over the world and promotes an education for a diverse society.

"We provide student services for the new students," said Susana Hernandez, assistant director of ISS. "We provide cultural programming and home-away-from-home events, such as our Cultural Extravaganza."

Cultural Extravaganza is an annual event held in March where students, faculty, staff and the local community have the opportunity to showcase their culture through music, dance, poetry and other talents. This is just one of many programs offered on campus to promote diversity. Last year, 22 countries were represented, and approximately 550 people attended.

Hernandez also arranges for small groups of students to meet at the ISS office at least once a week to help students with

whatever problems they encounter as new residents.

Before coming from India to America in 2010, Sadruddin Jiwani obtained a degree in computer engineering. He intends to get a master's in computer science at UHCL. Although Jiwani was provided with a list of universities from which to choose, including UHCL, he had already made up his mind to come here.

"I had friends here who told me about [the campus]," Jiwani said. "I was already working in India for three years as a software developer. I had no relatives here, but classmates who were here before me helped me to not feel left out."

Jiwani would like to be a guide or mentor for new international students. He advised new students to "Be prepared. Have a close circle of friends and relatives."

Tom Vo, 25, hails from Ho Chi Minh City, Vietnam. After attending Vietnam National University, he heard from friends who attended UHCL that "it was a good place to go to."

Vo said that it was not difficult to adjust to Houston society. As for how to prepare for a trip abroad as a new student, Vo's advice was simple.

"They need to find out as much information as they can in order to be prepared," Vo said, adding that there are Vietnamese social circles in Houston such as the Vietnamese Student Association at UHCL.

Although new students from abroad may feel as though they are strangers in a strange land, the obstacles, though challenging, are not insurmountable. Support and guidance is available from social groups and peer leaders found through ISS.

Intercultural Student Services

www.uhcl.edu/iiss

This department offers support, leadership and advocacy for the university's diverse populations including under-represented, first-generation, women, lesbian, gay, bisexual, transgender and international students.

SSCB 1.203
281.283.2575

Office of International Admissions & Programs

www.uhcl.edu/oii

- Assists International students with enrollment and admissions.
- Expands study abroad and internship opportunities for all students.
- Examines the organizational needs of international education.
- Cooperates with institutions in other countries.

Bayou Building 2528
281.283.3972

Phuong's story

MALORI BIZZELL
THE SIGNAL

When Phuong Thanh Ngo began her journey at UHCL, she started the same way most other college students begin. As Ngo worked to find her place in a new city and community, she also struggled to figure out all the necessities of living as an adult by herself for the first time. From finding the right apartment to buying a toothbrush, Ngo had to start from scratch when arriving here from Ho Chi, Vietnam.

As Ngo discussed her experiences, she smiled and greeted everyone who passed. Her warm personality pours into everything she says, as well as the love she has for her Vietnamese culture and the new culture she is experiencing in America.

"Life in Vietnam was busy because I had a full-time job and went to school," Ngo said. "It was hard to be a full-time student and have a job, but somehow I did it."

The obstacles Ngo overcame to come to UHCL are a testament to her character and her perseverance. The process to become an international student is long and tedious. Ngo could have been turned down at many different times in the process. She explained how she had to go through an interview process to receive her visa, and then transfer from her school in Vietnam to UHCL. Once she was accepted into the program and had her visa, she then came to the United States. This process is mandatory for all international students.

"My family didn't think coming to the U.S. for higher education would be beneficial for me and encouraged me to settle down in Vietnam," Ngo said. "But now my family is proud because I made the decision to have my dream of a higher education come true."

Even though she is far from home, Ngo said she still has connections here with the Vietnamese community. After being at UHCL for one year, Ngo spends her spare time at organized activities with the Vietnamese Student Association.

"[UHCL students] never judge me," Ngo said. "I go to school and the teachers, instructors, friends and classmates encourage us to ask questions."

While a student at UHCL, Ngo ensures that learning is her first priority.

"Asking for help means you want to learn more; you want to achieve more so that's why you ask," Ngo said. "It makes me comfortable to ask something when I know that they are not judging me or think that I am not capable of doing something."

Life experience, school atmosphere and the living environment are just a few reasons Ngo decided to come to the U.S. to earn her master's degree.

"[The U.S. is a] very advanced country that definitely has a lot of opportunity to learn and go far," Ngo said.

Sameer Pande, executive director of the Office of International Admissions and Programs points out that international students simultaneously struggle with a new culture, a new language and a new academic system.

"Students struggle most with adapting to all three at the same time, because when they come here they are hit with all three at the same time," Pande said.

Pande also points out that all students attending UHCL have the opportunity to become globally competent, not just international students.

"For anyone to succeed in today's world, you have to be globally competent," Pande said. "This is a growing importance in the business world day by day."



PHUONG THANH NGO,
STUDENT AMBASSADOR IN THE
OFFICE OF INTERCULTURAL
STUDENT SERVICES.

Mohammad's story

MATT WALKER
THE SIGNAL

A recent report by the nonprofit Institute of International Education (IIE), which tracks student mobility data, stated that the number of international students enrolled in U.S. colleges climbed 6 percent to a record 764,495 last year, propelled primarily by continuing increases of students from China and a recent surge from India.

"Indian students form the largest body of international students at UHCL, followed by Vietnam," said Sameer Pande, executive director for the Office of International Admissions and Programs. "OIAP is going to provide the one-stop experience for all international activities and will strive to increase UHCL's international footprint."

One such international student is Mohammad Asif, from India, who is majoring in biological science. Asif

explained that even though expenses were "too much for an Indian student to earn a degree from a foreign university...by the same token, any university in India would not yield me as much as a degree from any American university."

"This is a fact that every Indian student

is aware of, including myself. When I was planning for my master's, I had very few people who could guide me, because biological science is not very popular among our people. They only know that one becomes a doctor if one is studying biology. Senior students in my course gave me a few tips and advice on how to plan to earn a master's degree, which would help

get me better employment opportunities," Asif said.

Because math doesn't come easily to Asif, he had to work hard in order to gain a better understanding of higher-level, advanced mathematics. Sometimes, though, he received low scores.

"My father was constantly worried about my future, because other aspirants fared better than me in academics," Asif said. "But still I had hope and went ahead with my plan and decided to apply to the universities. One of my friends who was in the same field of study was at UHCL. He told me about UHCL and its curriculum, so I applied here for a master's in biotechnology, which was one of my options during the application. After my application was sent, I had to wait two months for a reply."

Although Asif could not afford multiple application fees, he soldiered on. He had heard of many aspirants failing to clear their visa interviews "because they could not really give any impressive answer to the visa officer," he said, causing him more anxiety. Occasional doubts clouded his thoughts. His family was not rich. He needed financial aid.

Students like Asif who experience doubts and struggles during their time at UHCL can visit the OAIP as well as Intercultural Student Services, which supports and guides international students by way of social groups and student mentors.

"I just kept my intentions and motives very clear in my mind," Asif said. "I knew what I was capable of doing."

After weeks of "pure hell," as Asif put it, due to endless rounds of interviews and exhaustive paperwork, he received his visa. Asif soon became part of the UHCL student body and is "looking forward to having a good life." He sounded optimistic about his chances.

"I hope to have a bright future," he said.



MOHAMMAD ASIF,
GRADUATE STUDENT MAJORING
IN BIOLOGICAL SCIENCE.

A safe place to land

COLDEN SNOW
THE SIGNAL

The University of Houston-Clear Lake is a sort of microcosm of the cultural diversity present in the Houston metropolitan area. UHCL attracts many different kinds of students representing different ethnicities, religions, sexual orientations and gender identities.

UHCL is proud to be credited as a Hispanic Serving Institution and has a growing percentage of international students from countries including China, Vietnam and a large majority from India.

With Houston’s diverse population reflected in the population of UHCL, there is a place where all Hawks can land to be supported as well as be educated, the Office of Intercultural Student Services (ISS).

In the natural world there are many different kinds of Hawks and at UHCL our own students reflect that diversity. ISS offers all students a safe place to land, a place where they will be supported as they prepare to soar to new heights.

“We want everyone to [feel] safe and be comfortable [at UHCL],” said Linda Contreras Bullock, assistant dean of student diversity.

The ISS office is the center for cultural diversity at UHCL; they provide many different kinds of programs for students of all backgrounds.

LGBTQ PROGRAMS

The Safe Zone provides support to LGBTQ students on campus. Safe Zone allies can be found in many areas on campus. All one has to do to find an ally is look for the rainbow triangle outside an office or displayed via a button with that same emblem. That symbol means that it is a safe place for LGBTQ students to find support if they are struggling with something.

Students, faculty, and staff can all become Safe Zone allies once they become trained. Training is offered through the ISS office during the fall and spring semesters.

“If you don’t fall within that spectrum

(LGBTQ), you know someone who falls within that spectrum, so it is important to understand how to be an ally, and being an ally to one community helps you to understand how to be a better ally to other communities,” said Shaun Simon, coordinator of Women’s & LGBT Services.

WOMEN’S PROGRAMS

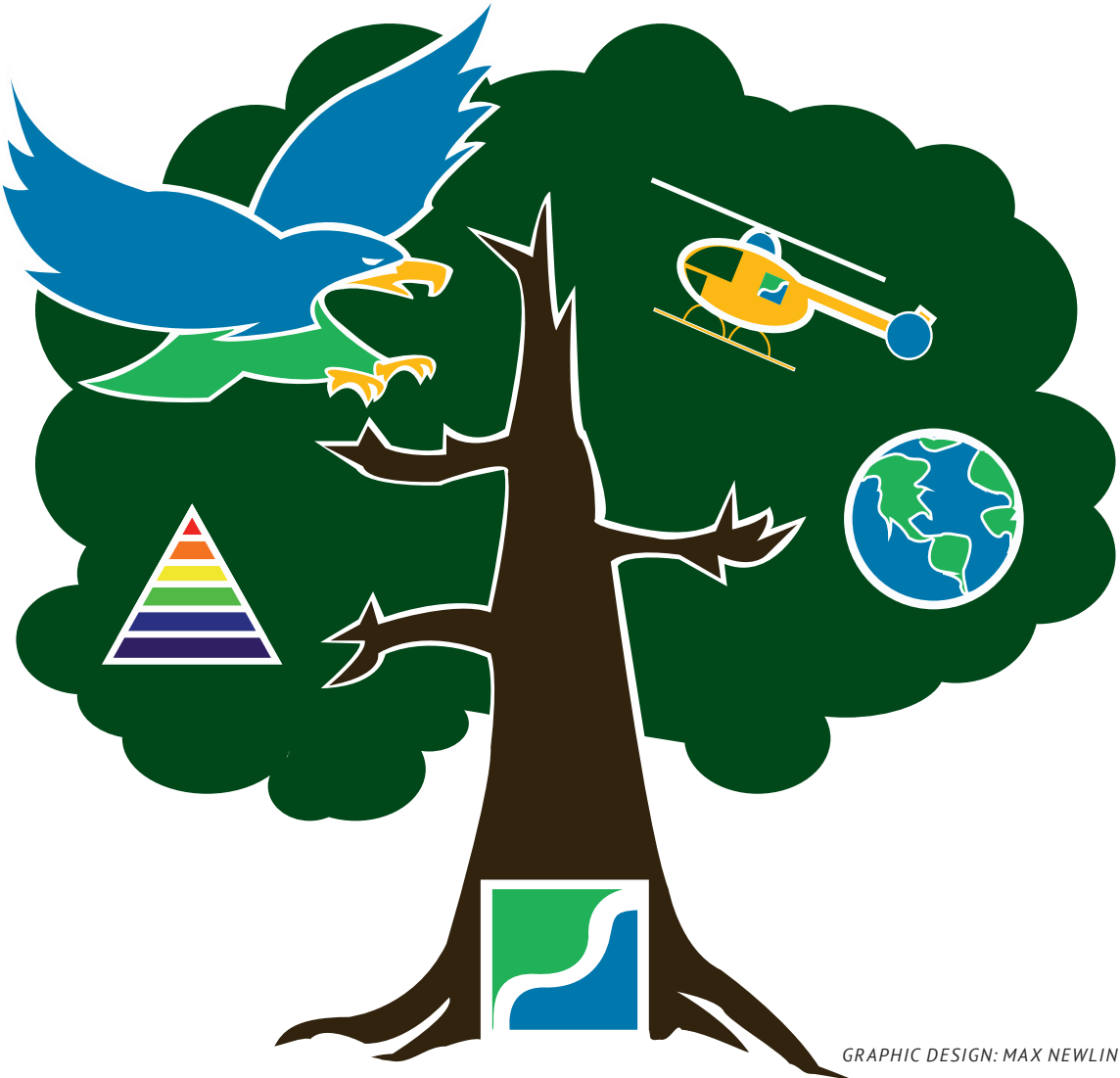
ISS provides programs regarding women’s issues including domestic violence awareness programs and providing support to student organizations that provide support for women. It is important to note that these programs are not just for women but are intended to educate men as well.

“[ISS is] a place open towards ending sexism and educating, and providing a space to work through those issues and become aware of them, subvert them and tackle them,” Simon said.

FIRST-GENERATION STUDENT PROGRAMS

ISS is also a safe place for first-generation college students and their parents to land. First-generation students are those whose parents and/or guardians did not go to college and they are often the first in their family to attend college. ISS plans to provide support for both the first-generation students and their parents with the transition out of the public school system and into UHCL.

“We would like to provide parents with a blueprint of how a university works,” Bullock said. “Why it works the way it does. The expectations of the student, which goes back to the parents insuring that those expectations are in line.”



GRAPHIC DESIGN: MAX NEWLIN

These parent programs are crucial in helping students and families adjust to their new way of life, especially since many students will still live at home while attending UHCL. Bullock said the goal of this program will be “giving the student power in the classroom and at the university, and giving the parent power at home in order to help guide their child.”

INTERNATIONAL STUDENT PROGRAMS

International students have always been a staple in the ISS office, often joining together for coffee in their lounge area. Transitioning to college life can be difficult even for local students; it can be considerably more difficult to adjust to college in an

entirely new country. “International students have always been and will always be welcome in the ISS office,” Bullock said. “We have been really lucky in that we have always had a good relationship with our international students.

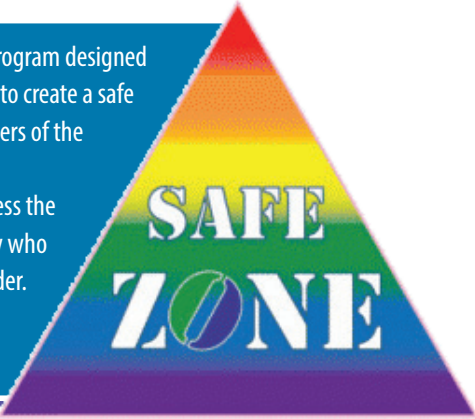
Bullock pointed out that is one relationship that will continue with the arrival of the first freshmen class.

Strictly Speaking is a program that pairs domestic students with international students to help mentor them in their transition to the United States. Additionally, every year the ISS office hosts programs for Hispanic Heritage Month, Black History Month, and other cultural heritage month programs.

THE SAFE ZONE

The Safe Zone Program is a faculty and staff program designed to further the mission of the university by helping to create a safe and supportive campus environment for all members of the UHCL community.

Specifically, this program was created to address the unique needs of those members of the community who identify as lesbian, gay, bisexual, and/or transgender. Safe Zone Allies serve as advocates and visible resources for the LGBT community.



On-Campus Housing University Forest Student Village

www.uhcl.edu/iiss

University Forest, located right on Bay Area Boulevard at the entrance to UHCL, features studio, one-bedroom and two-bedroom living options for students who would like to live on campus.

2600 Bay Area Blvd.
Houston, TX 77058
281.283.2575

Where hawks reside

SHEREA CARY
THE SIGNAL

Hawk’s Landing is UHCL’s freshman living facility housed within University Forest Apartments, UHCL’s campus housing. Sixteen two-bedroom, two-bath apartments, or one entire building, is dedicated to freshmen.

Apartment units are fully furnished, ready to move in. Rental rates start at \$588 per bed, per month (subject to change); rates are based on a 12-month lease and include an allowance for utilities.

Freshmen can pay for the lease in a lump sum or make monthly payments to establish rental history. A lease at Hawk’s Landing functions like any other apartment lease; violations of the lease contract, including breaking the lease, has consequences.


Amenities at Hawk’s Landing include Internet, a clubhouse with free wi-fi, limited-access gates and on-site laundry facilities. A swimming pool, spa, sand volleyball court and BBQ pavilion serve as recreational amenities to the property. A drug store, fine dining and fast food establishments are all within walking distance to Hawk’s Landing; some establishments

even offer a student discount. Residence assistants reside on property to help freshmen plan activities, answer their questions and to serve as a resource to residents navigating the unfamiliar territory of living independently.

Activities designed for freshmen to encourage networking and academic success are planned for residents of Hawk’s Landing. Residents will also have the opportunity to participate in activities planned for other housing residents, such as games and potluck dinners. Easy access to campus activities such as art exhibits, movies and campus tradition such as the Chili Cook-Off, is a benefit of living on campus.

“Hawk’s Landing is a place to live, learn and grow,” said Lawrence Samaranayake, general manager of University Forest Apartments.

Freshmen receive the best of both worlds at Hawk’s Landing: independent living coupled with a supportive learning environment on campus designed to help freshmen grow and make the adjustment to college life. Space is limited; apartments are leased on a first come, first served basis.



Math Center

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UHCL STUDENT ORGANIZATIONS

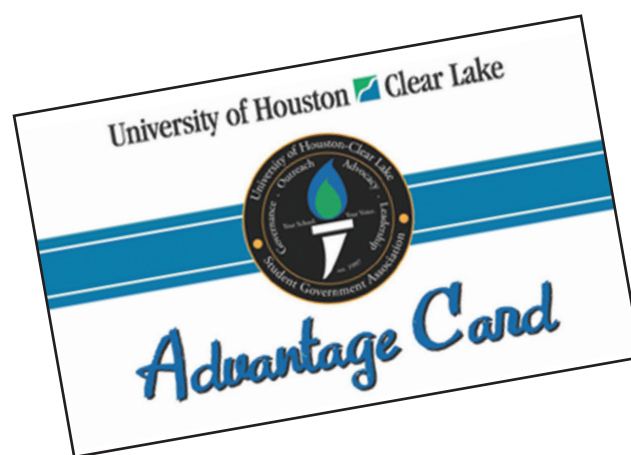
THERE'S AN ORG FOR EVERY INTEREST

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University of Houston 

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Intercultural Student Services

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STUDY AREAS

Public Computers
BYOD Tables
Group Study Rooms
Sound-proofed Quiet Study Room
Collaboration Areas

WWW.UHCL.EDU/LIBRARY

Bayou Building, Room 2404, 2nd Floor
Hours & Circulation Desk: 281-283-3900

Research Consultation Desk: 281-283-3910
Administrative Offices: 281-283-3930

欢迎 Bienvenue Hoş geldiniz
 Willkommen 안녕하세요 Добро пожаловать
 ようこそ **WELCOME** स्वागतम्
 ¡BIENVENIDO! **SWAGAT HAI** Chào mừng
 أهلاً و سهلاً **Bem-vindo**



GLOBAL HAWKS!

OFFICE OF INTERNATIONAL ADMISSIONS AND PROGRAMS (OIAP)

Where All Hawks Can Soar the World

Programs and services provided by our office located in Bayou 2123:

- Internationalization of Campus
- Admissions for International and Exchange Students
- New International Student Orientation
- Advising for Current International Students Regarding Immigration
- Study Abroad Programs

IMPORTANT DATES FOR OIAP

Upcoming New International Student Orientations

June 6, 2014 for all new Summer 2014 International Students

August 21, 2014 for all new Fall 2014 International Students

More information and to register
www.uhcl.edu/international



Study Abroad Scholarship Application Deadlines

International Education Fee Award

November 1, 2014 - Spring 2015 Semester

February 15, 2015 - Summer 2015

March 15, 2015 - Fall 2015 or Academic Year 2015-16



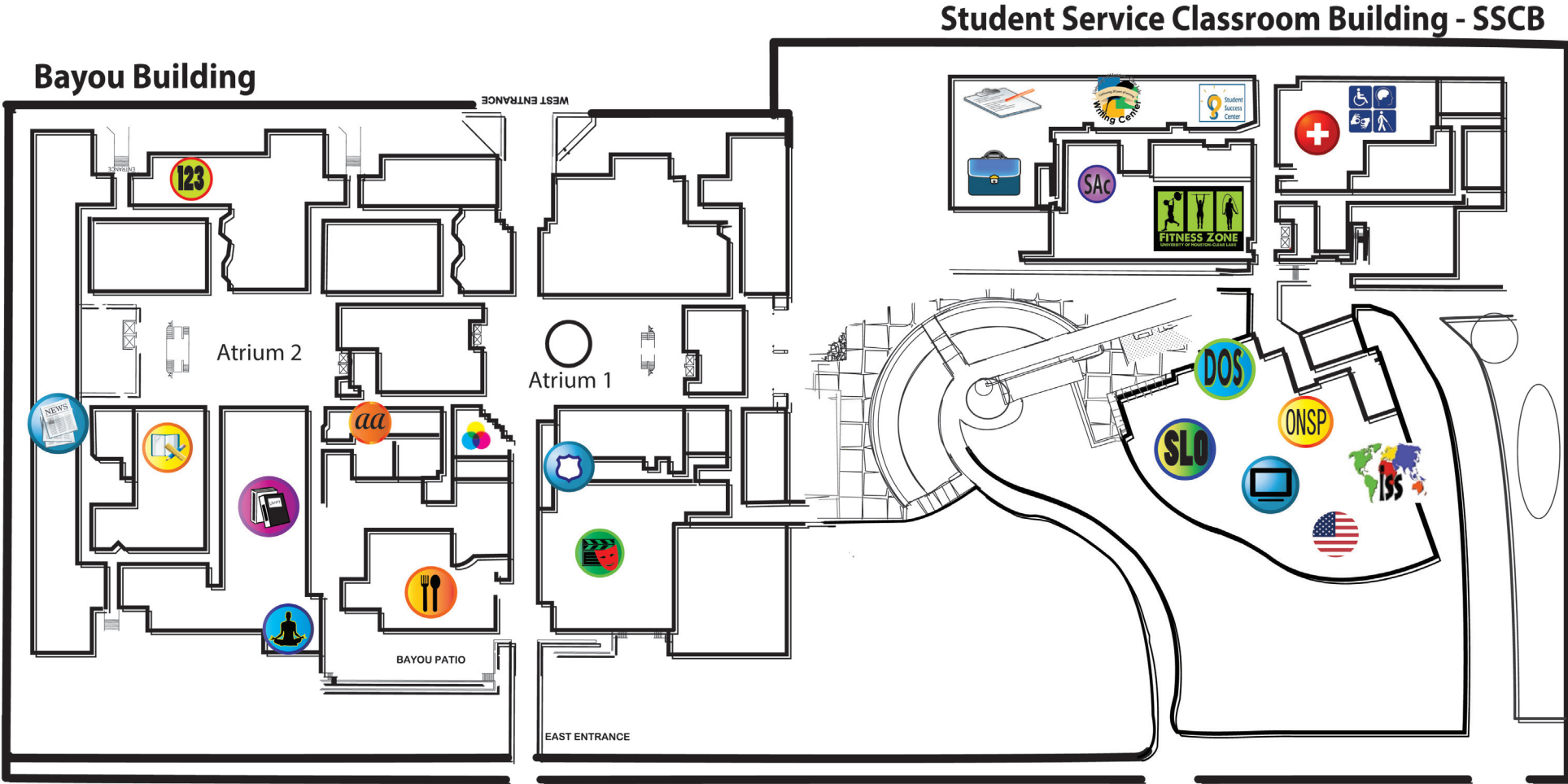
Contact OIAP

Bayou 2123

OIAP@uhcl.edu

281-283-2740

www.uhcl.edu/international



- | | | | | |
|------------------------------|-------------------------------|--|---------------------------------------|--|
| Bookstore (B1206) | Cafeteria (B1418) | Student Assistance Center (SSCB 1.102) | Health Services (SSCB 1.301) | Student Success Center 3rd floor (SSCB 3.101) |
| Meditation (B1220) | Police Station (B1636) | Dean of Students (SSCB 1.201) | Disability Services (SSCB 1.301) | Counseling Services 3rd floor (SSCB 3.103) |
| The Signal Newspaper (B1239) | Math Center 2nd floor (B2123) | Orientation & New Student Program (SSCB 1.202) | Fitness Zone 2nd floor (SSCB 2.103) | Career Services 3rd floor (SSCB 3.109) |
| Academic Advising (B1410) | Library 2nd floor (B2400) | Intercultural Student Services (SSCB 1.203) | Writing Center 2nd floor (SSCB 2.105) | Veterans Service Office 3rd floor (SSCB 3.201) |
| Art Gallery (B1412) | Theater (B2604) | Student Life Office (SSCB 1.204) | Computer Lab 2nd floor (SSCB 2.201) | |

BEST PLACES ON CAMPUS

- | | |
|--|--|
| <p><i>...to find peace and quiet when studying:</i></p> <p>The Neumann Library in B2400 has quiet study areas.</p> | <p><i>...to get a great meal on the go:</i></p> <p>Food trucks stop by in front of SSCB.</p> |
| <p><i>...to find an atmosphere for studying:</i></p> <p>The Bayou Building atriums offer scenic study areas.</p> | <p><i>...to get help with tech issues:</i></p> <p>Visit the UCT Support Center in B2300.</p> |
| <p><i>...to get a cup of coffee:</i></p> <p>The Patio Cafe serves Java City coffee.</p> | <p><i>...to get a check-up:</i></p> <p>Student Health Services in SSCB 1.301 can help.</p> |
| <p><i>...to get copies made:</i></p> <p>The Copy Center in B2403 can handle printing needs.</p> | <p><i>...to decompress from stress:</i></p> <p>The Meditation Room in B1220 is a relaxing area.</p> |
| <p><i>...to play table tennis:</i></p> <p>The Student Lounge in SSCB has free tables to play on.</p> | <p><i>...to get together with a study group:</i></p> <p>The Neumann Library has collaborative study areas.</p> |
| <p><i>...to get in a good workout:</i></p> <p>The Fitness Zone in SSCB 2.103 has all you need.</p> | <p><i>...to watch a great movie for free:</i></p> <p>Look out for Film & Speaker events on campus.</p> |

UHCL HEALTH CENTER

281-283-2626

SSCB 1.301

www.uhcl.edu/health

- General Medical
- Laboratory
- Gynecology
- Pharmacy
- Vaccines
- Preventative Medical
- Alternative Medicine

UHCL POLICE DEPT.

24 Hour Dispatch:

281-283-2626

www.uhcl.edu/police

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