

**Lucid, Shannon**

From: Smith, Karla  
 To: Blaha, John; Lucid, Shannon  
 Cc: Puddy, Donald R.  
 Subject: Crew Clothing  
 Date: Tuesday, August 08, 1995 17:05

John/Shannon:

Listed below is an estimate of crew clothing for Mission 2 (143 days). This has not been negotiated with the Russians and is Fred Burns' best estimate. Unknown is what the Russians have planned to provide. I also do not yet know how these items will be transported (Progress or Shuttle). I would appreciate your review and comments. I am also sending my proposed agenda for the September Crew Exchange Working Group meeting in Russia and request any comments you may have.

Crew Clothing  
 20 weeks (143 days)

	Quantity
1. Change underwear daily	143 sets
2. 1 pair of shorts/week	20
3. 1 jacket	1
4. 1 pair of trousers/month	5
5. 1 t-shirt per <del>2 days</del> 1 day	72 143
6. 1 pair socks/day	143
7. 1 pair slipper socks/month	5
8. 2 night shirts/week	40
9. 1 sweater	1
10. 1 Phase I shirt	1

Note change!  
 We should plan  
 for 30 reserve days  
 John Blaha

Shannon,

Would you please ensure that John gets a copy of this note.

Thanks!

Don Puddy

Post-It™ Fax Note 7671		Date 15 Aug.	# of pages 1
To Karla Smith		From John Blaha	
Co./Dept.		Co. STAR CITY	
Phone # 713/483-1268		Phone # 526-5762	
Fax # 713/483-2011		Fax #	

## Crew Personal Preference Items -John Blaha 8/9/95

1.	Cassette tape player (Sony Walkman) and batteries *	1
2.	Cassette tapes	30
3.	Sony Super 8 mm Video Playback Machine and batteries *	1
4.	Super 8 mm Videos *	30
5.	Ear protectors (muffs, not plugs)	1
6.	Ear plugs attached together with string/wire	5
7.	Personal Russian-English dictionary	1
8.	Prescription eyeglasses	4
9.	Fanny pack	1
10.	Pocket handkerchiefs	80
11.	No rinse shampoo	20 bottles
12.	Visine	3 bottles
13.	Metal fingernail file	1
14.	Waxed dental floss	6 containers
15.	Mitchem deoderant	3
16.	Hair comb	1
17.	Hair brush	1
18.	Nail clipper	1
19.	Chap stick	1
20.	Norelco battery powered razor and batteries	1
21.	No rinse body bath	50 pouches
22.	Toothbrushes	3
23.	Crest gel toothpaste	4 tubes
24.	Casio G-Shock watch	1

\* Comments:

Even if the cassette tape player and Super 8 mm video player are already on the Mir, John would like to not depend on this and would like to carry his own. He will provide standard videotapes for NASA to process into Super 8 mm.

Post-It™ Fax Note 7671		Date <i>8/9/95</i>	# of pages <i>1</i>
To <i>Don Puddy</i>		From <i>John Blaha</i>	
Co./Dept.		Co. <i>Star City</i>	
Phone # <i>713/483-3916</i>		Phone # <i>526-5762</i>	
Fax # <i>713/483-2011</i>		Fax # <i>-11-</i>	

**Puddy, Donald R.**

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**From:** Shannon W. Lucid  
**To:** Don Puddy  
**Subject:** clothing reply  
**Date:** Tuesday, August 15, 1995 2:36PM

My deltas to the clothing list would be--

Delete:

1 pair slipper socks/month (I don't use them on orbit)

1 jacket (I assume this refers to the NASA jacket-it does not keep you warm  
and  
is only good for "looks

Change:

1 pair of socks/day to 1 pair/week

Every thing else sounds good.

Thanks---

Shannon

20 weeks

(143 DAYS)

CREW CLOTHING

	Quantity
1. Change underwear daily	143 SETS
2. 21-Pair shorts / week	20
3. 1 JACKET	1
4. 1 Pair TROUSERS / <sup>MO.</sup> <del>week</del> 2 weeks	5
5. 1 T shirt per <sup>2</sup> day	72
6. 21-Pair socks / <sup>DAM</sup> week	143
7. 1 Pair slipper socks / MO	5
8. 2 night shirts / week	40
9. 1 sweater	1
10. 1 PHASE 1 SHIRT	

Don

Here is proposal  
for MIR/shuttle

clothing. I do not know if room  
is available on spacehab or on

4 1/2 to 5 LOCKER EQ.

VS 20

the progress  
flights.

Fred

## Mir Personal Preference Kit

### Item/Weight:

- CD Player 1.7 lb. (0.77 kg)
- Walkman 0.6 lb. (0.27 kg)
- CDs (Disc) 0.04 lb. (0.02 kg)
- (In Box) 0.3 lb. (0.12 kg)
- Hi-8 Video Tape 0.17 lb. (0.08 kg)
- (120 mins., with case)
- Cassette Tape 0.16 lb. (0.07 kg)
- (90 mins., with case)
- Book (average) 1.50 lb. (0.70 kg)
- Computer Diskettes 0.04 lb. (0.02 kg)

### Shannon's Items

Item	Quantity	Weight: lb. (kg)	
• Cassette Player	1	0.6 (0.27)	
• Books	20	30.0 (14.0)	
• CDs	50	15.0 (6.0)	Option: Without box: 2.0 lb./ 1 kg
• Cassette Tapes	40	6.4 (2.8)	
• Computer Diskettes	20	0.8 (0.4)	
<b>TOTAL</b>		<b>52.8 (23.47)</b>	<b>39.8 (18.47)</b>

### John's Items:

Item	Quantity	Weight: lb. (kg)	
• Cassette Player	1	0.6 (0.27)	
• Hi-8 Video Tapes	30	5.1 (2.4)	
• Cassette Tapes	30	4.8 (2.1)	
<b>TOTAL</b>		<b>10.5 (4.77)</b>	

**Crew Personal Preference Items - Shannon Lucid**  
**8/9/95**

1.	Books	20
2.	CD ROMS	50
3.	Cassette tape player and batteries (if not already present)	1
4.	Cassette tapes	40
5.	Ear protectors (muffs, not plugs)	1
6.	Personal Hygiene Kit (same as Shuttle)	6 month supply
7.	Personal Russian-English dictionary	1
8.	Computer programs on diskettes	20

**Crew Personal Preference Items -John Blaha 8/9/95**

1.	Cassette tape player (Sony Walkman) and batteries *	1
2.	Cassette tapes	30
3.	Sony Super 8 mm Video Playback Machine and batteries *	1
4.	Super 8 mm Videos *	30
5.	Ear protectors (muffs, not plugs)	1
6.	Ear plugs attached together with string/wire	5
7.	Personal Russian-English dictionary	1
8.	Prescription eyeglasses	4
9.	Fanny pack	1
10.	Pocket handkerchiefs	80
11.	No rinse shampoo	20 bottles
12.	Visine	3 bottles
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14.	Waxed dental floss	6 containers
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16.	Hair comb	1
17.	Hair brush	1
18.	Nail clipper	1
19.	Chap stick	1
20.	Norelco battery powered razor and batteries	1
21.	No rinse body bath	50 pouches
22.	Toothbrushes	3
23.	Crest gel toothpaste	4 tubes
24.	Casio G-Shock watch	1

**\* Comments:**

Even if the cassette tape player and Super 8 mm video player are already on the Mir, John would like to not depend on this and would like to carry his own. He will provide standard videotapes for NASA to process into Super 8 mm.

## Crew Personal Preference Items - Jerry Linenger 8/9/95

1.	CD Player and batteries	1
2.	CD's	30
3.	Books	5
4.	Videos (assume player on board)	5
5.	Cassette tapes - Russian language (assume player on board)	5
6.	Earth Obs Books/Atlases/Charts	5
7.	Alternative Exercise Device	1
	(hand strengtheners, possibly the Interlimb Resistive Device which flew on STS-66, V=1/2 shuttle locker, W= 5 kg)	
8.	Laptop computer with CDROM	1
9.	CD-ROMS	30
10.	Computer program for earth obs (WinSpol)	1
11.	Personal Russian-English dictionary	1
12.	Personal Hygiene Kit	6 month supply
13.	Usual amount of souvenirs (flags, medallions, tec.)	

### Comments:

Emphasized earth obs capabilities  
Needs minimal books and videos